

# AdventHealth Lake Wales\*

## 2022-2024

# COMMUNITY HEALTH PLAN



\*AdventHealth Polk South, Inc. d/b/a AdventHealth Lake Wales

Approved by the Hospital Board on: April 21, 2022

AdventHealth Central Florida Community Health Team:

Stephanie Arguello, MPH, Director, Community Health  
Sarah Hawkins, MS, CHES, Program Manager, Community Health

[CFD.CommunityHealth@AdventHealth.com](mailto:CFD.CommunityHealth@AdventHealth.com)

**Extending the Healing  
Ministry of Christ**

  
**AdventHealth**

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## Table of Contents

Sections	Page
Overview	3
Priority Issues to be Addressed	
Health Care Access	5
Overweight/Obesity	7
Priority Issues that will not be Addressed	9

## Acknowledgements

This community health plan was prepared by Sarah Hawkins, Community Health Program Manager and Stephanie Arguello, Community Health Director with contributions from members of AdventHealth Heart of Florida and AdventHealth Lake Wales Community Health Needs Assessment Committee representing health leaders in the community and AdventHealth Lake Wales leaders.

We are especially grateful for the internal and external partners who helped guide the development of the community health plan, which will enable our teams to continue fulfilling our mission of *Extending the Healing Ministry of Christ*.

# OVERVIEW

AdventHealth Polk South, Inc. d/b/a AdventHealth Lake Wales will be referred to in this document as AdventHealth Lake Wales or the "Hospital."

## Community Health Needs Assessment Process

AdventHealth Lake Wales in Lake Wales, FL conducted a community health needs assessment in 2021. The assessment identified the health-related needs of the community including low-income, minority and other underserved populations.

In order to ensure broad community input, AdventHealth Heart of Florida and AdventHealth Lake Wales created a joint Community Health Needs Assessment Committee (CHNAC) and a joint Hospital Health Needs Assessment Committee (HHNAC) to help guide the Hospitals through the assessment process. The CHNAC included representation from the Hospitals, public health experts and the broad community. This included intentional representation from low-income, minority and other underserved populations. The committee met in 2021 for a community dialogue session. The HHNAC included case management, nursing, medical staff, administration, community advisory/foundation board representatives and other clinical and non-clinical individuals. The HHNAC reviewed the primary and secondary data gathered for the CHNA. They also analyzed Hospital inpatient and emergency department (ED) utilization data to determine the top reasons for inpatient admissions and ED use. The HHNAC used a "Prioritization Rating" to determine facility priorities based on the intensity of need, current community initiatives addressing the issue, the Hospital's capacity to impact these issues and the opportunity for collaboration with other hospitals and community partners.

The Community Health Plan (CHP) lists targeted interventions and measurable outcomes for each priority issue noted below. It includes resources the Hospital will commit and notes any planned collaborations between the Hospital and other community organizations and hospitals.

## Priority Issues to be Addressed

The priority issues to be addressed include:

1. Health Care Access
2. Overweight/Obesity

*See page 5 for goals, objectives and next steps for each priority selected to be addressed.*

## Priority Issues not to be Addressed

The priority issues that will not be addressed include:

1. Diabetes
2. Heart Disease, HBP, Stroke
3. Cancer
4. Lung Disease/Asthma
5. Substance Use
6. Mental Health

*See page 9 for an explanation of why the Hospital is not addressing these issues.*

## **Board Approval**

On April 21, 2022, the AdventHealth Lake Wales Board approved the Community Health Plan goals, objectives and next steps. A link to the 2022 Community Health Plan was posted on the Hospital's website as well as <https://www.adventhealth.com/community-health-needs-assessments> prior to May 15, 2022.

## **Ongoing Evaluation**

AdventHealth Lake Wales's fiscal year is January – December. Implementation of the 2022 CHP begins upon its approval by the Board. The first annual evaluation will begin from the date of implementation through the end of the calendar year. Evaluation results will be attached to the Hospital's IRS Form 990, Schedule H. The collective monitoring and reporting will ensure the plan remains relevant and effective.

## **For More Information**

Learn more about the Community Health Needs Assessment and CHP for AdventHealth Lake Wales at <https://www.adventhealth.com/community-health-needs-assessments>.

# CHP PRIORITY 1

## Health Care Access

Access to health care is the equitable use of health services to achieve the highest level of health. Barriers to accessing health care services include transportation, cost of care, insurance coverage, availability of services and culturally competent care. Failure to overcome these barriers leads to delayed care, health complications and financial burdens. Accessing health care services is vital to prevent and treat diseases thereby reducing the likelihood of disability and premature death.

Polk county has lower rates of insured adults compared to the state of Florida: Polk: 81.7% vs. FL: 84.2%.  
 More adults in Polk County could not see a doctor at least once in the past year due to cost compared to the state of Florida: Polk 19.8% vs. FL 16%.

The Hospitals (AdventHealth Heart of Florida and AdventHealth Lake Wales) will work collaboratively on initiatives to improve access to health care challenges impacting Polk County communities. These are regional initiatives, which appear on multiple Community Health Plans. However, the projected and reported numbers below are specific to AdventHealth Lake Wales.

<b>Goal</b>	<b>To increase partnerships with local community organizations with resources to offer community members assistance with gaining health insurance coverage</b>
<b>Objective</b>	Partner with an established community organization to increase access to the workshop "Navigating the Healthcare Plan" for adults residing in the Hospital's PSA by one workshop from a baseline of zero workshops by December 31, 2024
<b>Objective</b>	Increase the amount of paid staff time for Hospital staff/team members to volunteer with community organizations addressing access to health care from a baseline of zero hours to 25 hours by December 31, 2024.
<b>Goal</b>	<b>Increase the availability of appropriate and affordable care</b>
<b>Objective</b>	Increase access to primary care services among underinsured/uninsured community members by providing financial contributions to one local community clinic from a baseline of zero by December 31, 2024.

## Objective

Coordinate with existing care navigation services in year one to establish a benchmark of the number patients who currently have an accessible entry point for necessary levels of care. Once a benchmark has been established, year two will be focused on ensuring the infrastructure required to expand services by a determined percentage in year three is in place.

## Hospital Contributions

- Provide community benefit staff to manage, implement and evaluate community strategies and partnerships.
- Community benefit staff to actively participate in community meetings with partners addressing access to healthcare.
- Community benefit staff and Hospital leadership teams to actively serve on community boards associated with addressing access to healthcare.

## Community Partners

- Identify additional partners with whom to create partnerships which improve health care access
- Strengthen collaborative relationships with local sites (churches, community centers, schools) to support community efforts to address access to health care.

# CHP PRIORITY 2

## Overweight and Obesity

Obesity is a medical condition in which excess body fat has accumulated to an extent that it may have a negative effect on health. Obesity is measured by an individual’s body mass index (BMI). The prevalence of obesity continues to increase in the United States. Obesity is common, serious and costly. This epidemic is putting a strain on American families, affecting overall health, health care costs, productivity and military readiness. Moreover, obesity can have negative health outcomes since obesity can lead to type 2 diabetes, heart disease and some cancers.

More adults in Polk County are overweight and obese compared to the state of Florida: Polk 71.4% vs. Florida 64.6%.

The Hospitals (AdventHealth Heart of Florida and AdventHealth Lake Wales) will work collaboratively on initiatives to improve overweight and obesity challenges impacting Polk County communities. These are regional initiatives, which appear on multiple Community Health Plans. However, the projected and reported numbers below are specific to AdventHealth Lake Wales.

<b>Goal</b>	<b>Support community organizations offering health education and resources on how to prepare healthier food and adopt a healthier lifestyle</b>
<b>Objective</b>	Identify one community partners to launch the AdventHealth Food is Health® program in the Hospital's PSA from a baseline of zero by December 31, 2024
<b>Objective</b>	The AdventHealth Food is Health® program will support one nutrition education class series in the Hospital's PSA from a baseline of zero by December 31, 2024
<b>Goal</b>	<b>Support community-based food access work</b>
<b>Objective</b>	Participate in and support the Polk Vision Food Security Council
<b>Objective</b>	Identify in year one local organizations in the Polk County area who focus on increasing access to food in high need communities. Once organizations have been identified, year two will be focused on developing partnerships to support and expand access by a determined percentage in year three.

## **Hospital Contributions**

- Provide staff to run monthly mobile markets in conjunction with Food is Health programming.
- Provide free biometric screenings for program participants.
- Establish ongoing classes to provide family education on nutrition and food preparation.
- Community benefit staff to actively participate in community meetings with partners addressing overweight and obesity.

## **Community Partners**

- Identify additional partnerships to address overweight and obesity
- Strengthen collaborative relationships with local sites (churches, community centers, schools) to support community efforts to address overweight and obesity.
- Polk Vision, Florida Department of Health Polk County, community food pantries, mobile market vendor



# PRIORITIES THAT WILL NOT BE ADDRESSED

The Community Health Plan also identified the following priority health needs that will not be addressed. These specific issues and an explanation of why the Hospital is not addressing them, are listed below.

- a. Diabetes: Many of the indicators of concern will be addressed through the prioritization of Access to Health Care Services and addressing Obesity and Overweight.
- b. Heart Disease, HBP & Stroke: Many of the indicators of concern will be addressed through the prioritization of Access to Health Care Services and addressing Obesity and Overweight.
- c. Cancer: Many of the indicators of concern will be addressed through the prioritization of Access to Health Care Services and addressing Obesity and Overweight.
- d. Lung Disease/Asthma: Many of the indicators of concern will be addressed through the prioritization of Access to Health Care Services.
- e. Substance Use: Tobacco, Drug, Alcohol: There are efforts already in place to address this priority with community partners. The Hospital felt the need would be best addressed by community partners focused on this area due to available resources and solutions.
- f. Mental Health: There are significant efforts already in place to address this priority. The Hospital felt the need would be best addressed by community partners focused on this area. Some of the indicators of concern will be addressed through the prioritization of Access to Health Care Services.