



2024-2025
AdventHealth
South Overland Park
Community
Health Plan

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Acknowledgements

This community health plan was prepared by Jeanette Metzler, Community Benefit Manager, with contributions from members of AdventHealth South Overland Park’s Community Health Needs Assessment Committee and Hospital Health Needs Assessment Committee both representing health leaders in the community and hospital leaders.

We are especially grateful for the internal and external partners who helped guide the development of the community health plan which will enable our teams to continue fulfilling our mission of Extending the Healing Ministry of Christ.



EXECUTIVE SUMMARY



I Executive Summary

AdventHealth South Overland Park, Inc. d/b/a AdventHealth South Overland Park will be referred to in this document as AdventHealth South Overland Park or the “Hospital”.

Community Health Needs Assessment Process

AdventHealth South Overland Park in Overland Park, Kansas conducted a community health needs assessment in 2023. The assessment identified the health-related needs of the community including low-income, minority and other underserved populations. This assessment process was the most comprehensive to date and included survey questions related to diversity, equity and inclusion. In addition, the priorities were defined, when possible, in alignment with Healthy People 2030, national public health priorities to improve health and well-being.

In order to ensure broad community input, AdventHealth South Overland Park created a Community Health Needs Assessment Committee (CHNAC) to help guide the Hospital through the assessment process. The CHNAC included representation from the Hospital, public health experts and the broad community. This included intentional representation from low-income, minority and other underserved populations. The prioritization process sought to balance our ability to impact the greatest number of people who are facing the greatest disparities.

AdventHealth South Overland Park also convened a Hospital Health Needs Assessment Committee (HHNAC) to help select the needs the Hospital could most effectively address to support the community. The HHNAC made decisions by reviewing the priorities selected by the CHNAC and the internal Hospital resources available.

The CHNAC and HHNAC met throughout 2023. The members reviewed the primary and secondary data, helped define the priorities to be addressed and helped develop the Community Health Plan to address those priorities. Learn more about Healthy People 2030 at <https://health.gov/healthypeople>.

Community Health Plan Process

The Community Health Plan (CHP), or implementation strategy, is the Hospital’s action plan to address the priorities identified from the CHNA. The plan was developed by the CHNAC, HHNAC and input received from stakeholders across sectors including public health, faith-based, business and individuals directly impacted.

The CHP outlines targeted interventions and measurable outcomes for each priority noted below. It includes resources the Hospital will commit and notes any planned collaborations between the Hospital and other community organizations and hospitals.

The identified goals and objectives were carefully crafted, considering evidence-based interventions and AdventHealth’s Diversity, Equity, and Inclusion and Faith Accountability strategies. AdventHealth South Overland Park is committed to addressing the needs of the community, especially the most vulnerable populations, to bring wholeness to all we serve.



I Executive Summary

Priorities Addressed

The priorities addressed include:

1. Mental and Behavioral Health
2. Health Care Access
3. Food Security

See page 9 for goals, objectives and next steps for each priority selected to be addressed.

Priorities Not Addressed

The priorities not addressed include:

1. Cardiovascular: Hypertension
2. Diabetes
3. Drug and Alcohol Use
4. Economic Stability
5. Overweight and Obesity
6. Physical Activity
7. Pregnancy and Childbirth

See page 15 for an explanation of why the Hospital is not addressing these issues.



The Community Health Plan is a three-year strategic plan and may be updated during implementation based on changing community needs or availability of resources. AdventHealth recognizes community health is not static and high priority needs can arise or existing needs can become less pressing. The Hospital may pivot and refocus efforts and resources to best serve the community.

I Executive Summary

Board Approval

On December 21, 2023, the AdventHealth South Overland Park Board approved the Community Health Plan goals, objectives and next steps. A link to the 2024 Community Health Plan was posted on the Hospital's website prior to May 15, 2024.

Ongoing Evaluation

AdventHealth South Overland Park's Community Health Plan will be evaluated annually for the 12-month period beginning January 1st and ending December 31st. Evaluation results will be attached to the Hospital's IRS Form 990, Schedule H. The collective monitoring and reporting will ensure the plan remains relevant and effective.

For More Information

Learn more about the Community Health Needs Assessment and Community Health Plan for AdventHealth South Overland Park at <https://www.adventhealth.com/community-health-needs-assessments>.



ABOUT ADVENTHEALTH



| About AdventHealth

AdventHealth South Overland Park is part of AdventHealth. With a sacred mission of Extending the Healing Ministry of Christ, AdventHealth strives to heal and restore the body, mind and spirit through our connected system of care. More than 80,000 skilled and compassionate caregivers serve 4.7 million patients annually. From physician practices, hospitals, outpatient clinics, skilled nursing facilities, home health agencies and hospice centers, AdventHealth provides individualized, wholistic care at nearly 50 hospital campuses and hundreds of care sites throughout nine states.

Committed to your care today and tomorrow, AdventHealth is investing in research, new technologies and the people behind them to redefine medicine and create healthier communities.



About AdventHealth South Overland Park

AdventHealth South Overland Park is located within the Bluhawk development near 159th Street and 69 Highway in Overland Park, Kansas. AdventHealth South Overland Park opened in 2021 and brings expert, convenient health care services to residents of southern Johnson County. Employing more than 230 team members, AdventHealth South Overland Park offers comprehensive care for all stages of life. Since opening in October 2021, AdventHealth physicians and staff have delivered 575 babies, performed 2,616 surgeries and cared for nearly 30,000 patients.

PRIORITIES ADDRESSED



Mental Health and Behavioral Health

In the Hospital’s community, 17% of residents have a prevalence of depression, while 12% of the residents report poor mental health. According to community survey respondents 22% have been diagnosed with a depressive disorder and more than 23% have been diagnosed with an anxiety disorder.

Goal 1: Improve access to mental and behavioral health services for residents in the Hospital’s service area.

Objective 1: By December 31, 2025, the Hospital will provide \$10,000 in financial support for evidence-based partner-led mental and behavioral programs in Johnson and Miami Counties.

Objective 2: By December 31, 2025, the Hospital will support parents by providing parenting education and resources at four events serving low-income and minority families.

Target Population: All ages residing in the Hospital’s service area who are at greater risk of mental and behavioral health issues.

Activities/Strategies	Outputs	Hospital Contributions	Community Partnerships	Timeline	
				Y1	Y2
Coordinate with partner agencies to identify opportunities for mental and behavioral health programs. When needed, assist with program delivery logistics	# staff hours # trained \$ funds allocated	\$10,000 (\$5,000 per year)	Johnson County Mental Health Elizabeth Layton Center (serving Miami County)	X	X
Finalize design of materials. Identify opportunities with schools and faith communities	# events # parents reached	Graphic design team Parent resources Staff time	Schools in Johnson and Miami Counties	X	X

Health Care Access

Both Miami and Linn County show lower rates of dentists, mental health practitioners, and OB/GYN practitioners compared to state and national rates. The lack of providers surrounding Johnson County leads to increased barriers to neighboring counties. Almost 30% of community survey respondents also reported delaying medical care in the past 12 months due to cost. Stakeholders also expressed concern over the affordability and accessibility of care. Preventative care is an important part of maintaining overall health and treating disease. In the Hospital’s primary service area, about 27% of adults have not visited a doctor for a routine checkup in the past year. Screenings for certain types of cancer, such as colorectal are missed by about 30% of adults. Only 46% of seniors were shown to be up to date on core preventative services.

Goal 1: Increase access to healthcare by providing and connecting underserved individuals with preventive care, health screenings and education.

Objective 1: The Hospital will participate in and provide professional expertise for the Miami County Health Department Coalition and the Health Partnership Clinic Board, a federally qualified health center serving Johnson and Miami Counties. By December 31, 2025, a total of 40 staff hours will be provided.

Target Population: All residents in low-income neighborhoods located in the Hospital’s service area.

Activities/Strategies	Outputs	Hospital Contributions	Community Partnerships	Timeline	
				Y1	Y2
Prepare for scheduled meetings. Present Hospital’s CHNA findings to coalition. Identify opportunities for collaboration	# staff hours	40 hours Nursing Director Medical Director	Miami County Health Department Health Partnership Clinic (FQHC for Johnson and Miami Counties)	X	X

Health Care Access

Goal 1 continued: Increase access to healthcare by providing and connecting underserved individuals with preventive care, health screenings and education.

Objective 2: By December 31, 2025, the Hospital will provide health screenings, preventive care and education to 100 individuals residing in low-income communities in the Hospital’s service area.

Objective 3: By December 31, 2025, the Hospital will provide education and enrollment opportunities for health insurance coverage for 100 individuals residing in low-income neighborhoods.

Target Population: All residents in low-income neighborhoods located in the Hospital’s service area.

Activities/Strategies	Outputs	Hospital Contributions	Community Partnerships	Timeline	
				Y1	Y2
Identify existing opportunities to provide services in low-income communities. Partner with the Health Partnership Clinic (HPC) and assist by providing services and education. Assist as needed with promotion. Evaluate event and determine opportunities for improvement	# staff hours # screenings / immunizations provided # residents receiving education	\$5,000 to subsidize HPC for services provided 20 hours staff time for coordination 20 hours staff time for health services and education	Low-income schools in Johnson and Miami Counties Center of Grace, a community resource hub	X	X
Identify opportunities to provide education and enrollment in low-income communities. Coordinate with not-for-profit agencies specializing in education and health insurance enrollment	# individuals receiving education # individuals signed up for health coverage	20 hours staff time for coordination and implementation \$1,000 for event refreshments and / or giveaways	Kansas Assist El Centro School Districts Center of Grace Churches and faith organizations	X	X

Food Security

Approximately 10.1% of the residents in the Hospital’s community are food insecure according to Feeding America and 66.28% live in a low food access area. One quarter of community survey respondents reported eating less than they should in the past year due to cost. Stakeholders agreed that the lack of grocery stores was another top concern.

Goal 1: Increase access to and consumption of healthy food to reduce nutrition-related chronic diseases.

Objective 1: By December 31, 2025, the Hospital will participate in eight Johnson County Food Policy Council meetings.

Objective 2: By December 31, 2025, the Hospital will provide four healthy meal-preparation classes in low-income and underserved communities.

Target Population: Low-income populations, youth and those who are at greater risk of chronic disease in the Hospital’s service area.

Activities/Strategies	Outputs	Hospital Contributions	Community Partnerships	Timeline	
				Y1	Y2
Dietitian will attend monthly Johnson County Food Policy Council meetings. Determine work group opportunities that address and support the Hospital’s Food Security goal	# staff hours	20 hours staff time	Johnson County Health Department Food Policy Council	X	X
Identify existing opportunities to provide nutrition and meal-preparation classes in low-income communities. Determine recipes and food choices appropriate for audience	# staff hours # events # participants	40 hours staff time \$1,500 food and supply expenses Dietitian	Whole Health Institute K-State Extension	X	X

Food Security

Goal 1 continued: Increase access to and consumption of healthy food to reduce nutrition-related chronic diseases.

Objective 3: By December 31, 2025, the Hospital will provide 150 healthy meal preparation kits for low-income families during extended school breaks.

Objective 4: By December 31, 2025, the Hospital, with partner support, will connect 75 low-income individuals with resources for food assistance sign-ups.

Target Population: Low-income populations, youth and those who are at greater risk of chronic disease in the Hospital's service area.

Activities/Strategies	Outputs	Hospital Contributions	Community Partnerships	Timeline	
				Y1	Y2
Coordinate the logistics of meal kit delivery (date/quantity). Select recipe and meal kit contents. Assemble kits with team member or community volunteers	# meal kits	Staff time \$2,500 food and supplies.	Schools K-State Extension	X	X
Identify opportunities to serve low-income eligible individuals and families. Coordinate with agencies specializing that provide food assistance enrollment	# events # individuals receiving information # individuals receiving follow-up	Staff time \$500 refreshments and giveaways	Kansas Assist Harvesters Community Health Workers	X	X

PRIORITIES NOT ADDRESSED



I Priorities Not Addressed

AdventHealth South Overland Park also identified the following priorities during the CHNA process. In reviewing the CHNA data, available resources, and ability to impact the specific identified health need, the Hospital determined these priorities will not be addressed.

Cardiovascular: Hypertension

In the Hospital's community, 13.6% of residents had no health insurance, according to public data. Of community survey respondents, 6% were uninsured. A need for increasing access to available services was heard from community and stakeholder survey respondents as well. Hypertension was reported in a third of the survey respondents as well as highlighted as a top health condition by stakeholders. While the decision was made not to address hypertension, the Hospital believes that a focus on health care access can improve outcomes across multiple health conditions.

Drug and Alcohol Use

The issue of drug and alcohol use and misuse was highlighted as an area of great concern by CHNAC members. All counties in the Hospital PSA had rates of adults who binge drink above both the state and national average. While all agreed on the level of importance, the committee agreed that the Hospital was better positioned to focus on mental and behavioral health, which will encompass drug and alcohol use.

Diabetes

While diabetes is an important condition, the residents in the Hospital's PSA who have diabetes is 8%, lower than the state average of 10%. Both stakeholders and community members identified diabetes as an important issue with a prevalence of 18% amongst survey respondents. The Hospital believes that a focus on food security and health care access can contribute towards improved outcomes related to diabetes.

Economic Stability

The issue of economic stability was highlighted as an area of great concern by CHNAC members. While slightly lower than the state and county, more than one in five residents are considered housing cost burdened. While all were in agreement that this is an important issue, the committee agreed that the Hospital was better positioned to focus on other issues based on current available resources.

Overweight and Obesity

Both Miami and Linn County had higher than the state percent of overweight and obesity according to secondary data. In addition, 36% of community survey respondents reported being overweight. The committee felt better positioned to address this by focusing on access to care and affordable healthy food.

Physical Activity

Both stakeholders and community respondents identified a lack of physical activity as an issue. The Hospital believes that a focus on food security can improve outcomes across multiple health conditions, including encouraging healthy nutrition and activity.

Pregnancy and Childbirth

Childbirth was the highest reason for admissions amongst uninsured patients at the Hospital. More positive birth outcomes were seen in the Hospital PSA than both the state and nation. Since childbirth was the single most common reason for inpatient admissions amongst uninsured patients, the CHNAC agreed to focus on increasing access.



**AdventHealth South Overland Park, Inc. d/b/a
AdventHealth South Overland Park**

CHP Approved by the Hospital Board on: December 21, 2023

For questions or comments please contact:
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