

## **Addendum**

### **2016 Community Health Needs Assessment – Texas Health Huguley**

Texas Health Huguley Hospital Fort Worth South opened in 1977 as a member of Adventist Health System, the largest not-for-profit Protestant health care organization in the U.S. In 2012, Texas Health Resources and Adventist Health System formed a partnership to own Texas Health Huguley Hospital, with Adventist Health System managing the daily operations of the hospital.

The 2016 Texas Health Huguley Community Health Needs Assessment was completed by Texas Health Resources and is posted on the hospital's web site.

This Addendum addresses two additional topics required by Adventist Health System.

#### **1. Written Comments about the 2013 Community Health Needs Assessment**

No comments were received from the public regarding the 2013 Texas Health Huguley Needs Assessment or Community Health Plan.

#### **2. Review of the Strategies Undertaken in the 2013 Texas Health Huguley Community Health Plan**

Texas Health Huguley conducts an annual Evaluation of the progress made on its Community Health Plan (Implementation Strategies). The Evaluation is reported to the IRS in the hospital's Form 990. The following narrative is a copy of the 2015 Community Health Plan Evaluation as noted in Form 990, Schedule H, Part V, Section B, Line 11: Describe how the hospital facility is addressing the significant needs identified in its most recently conducted CHNA and any such needs that are not being addressed together with the reasons why such needs are not being addressed.

##### **Priorities Selected**

Texas Health Huguley is a 350-hospital located near I-35W in south Fort Worth in Johnson County, Texas. It serves Johnson and part of Tarrant Counties. In 2012, Adventist Health System and Texas Health Resources (THR) formed a partnership to own Texas Health Huguley Hospital, with Adventist Health System managing the daily operations of the hospital.

Texas Health Huguley conducted its 2013 Community Health Needs Assessment in cooperation with other THR facilities. Secondary data used throughout this analysis was obtained from more than 30 sources. At its most basic level, the needs assessment model outlines all identified health issues and marks each entity impacted by that specific issue. The specific issues were also grouped into health categories adapted from the Healthy People 2020 categories. Interventions related to both Priorities include the development of a tracking system that includes a Community Benefit section. The hospital

chose two primary areas of focus: (1) chronic disease and (2) awareness, literacy and navigation of health services for low-income and other populations.

### **Priority: Chronic Disease with a Focus on Diabetes**

**2013 Description of the Issue:** The National Council on Aging notes that nearly half of all adults have one or more chronic conditions. Appropriate management of these conditions can improve and extend life while results in lower mortality and fewer preventable readmissions. In 2011, the Huguley community's overall mortality rate was 731.4 per 100,000. The readmission rate for chronic diseases was 1139.03 per 100,000. In Johnson County, the diabetes rate is 12.1% compared to 8.1% for the rest of the U.S.

**2015 Update:** With a focus on diabetes, Texas Health Huguley implemented the Stanford Chronic Disease Self-Management Program (CDMSP). The CDMSP has been recognized by the CDC for effectively teaching disease self-management skills and reducing readmissions and ED visits related to the chronic disease. In 2014, 16 Lay Leaders were trained and two additional cross-over trainings in Spanish were conducted. In 2015, 102 people enrolled in the six-week program; 75% graduated. The programs were held in several locations including a Spanish-speaking church that has a free clinic for uninsured residents.

Texas Health Huguley also provided six diabetes education events that reached 288 English- and Spanish-speaking adults in Johnson County who had diabetes or were pre-disposed to it. 100% of the participants showed an increase in knowledge and confidence in managing their conditions (as measured by pre- and post-program surveys).

In addition, the hospital provided blood sugar testing and short-term assistance with insulin (until the patients were enrolled in medication assistance programs). These efforts reached 80 patients of the (free) Hope Clinic, and will offer the same services (in 2016) at the (free) Spanish Keene Clinic for uninsured people. Texas Health Huguley produced a Diabetes Resource Guide (in English and Spanish) for use by the broad community and the hospital's community partners. The Guide is available in printed and online versions. Information for children at risk for diabetes was provided to area schools.

Texas Health Huguley also offered the Better Choices, Better Health program, an evidence-based chronic disease self-management program offered across the THR system. The hospital participated in multiple community collaborations working on chronic disease, including the Komen Foundation, Carity Foundation and Montcrief Cancer Center to ensure that the hospital's in-kind donations and sponsorships align with Huguley's strategic focus on chronic disease management.

### **Priority: Awareness, literacy and navigation of health services for low-income and other populations**

**2013 Description of the Issue:** A community's health is impacted by lack of awareness, limited understanding of care processes, and difficulty navigating the health care system. This can result in

inappropriate use of health services and less-than-desirable health outcomes. In 2011, the community's preventable inpatient admissions were 1716.21 per 100,000.

**2015 Update:** Texas Health Huguley developed and disseminated an area Resource Guide that identifies health services available to the community. The Guide is available in print and online, and is used by the Texas Health Call Center staff. The "In the Loop" health magazine, distributed throughout the hospital's service area, provided disease awareness and education throughout the year. The Ladies First wellness program is free to all women in the community.

The hospital offers many other community outreach and education programs, including multiple health fairs and a large Speakers Bureau that is free to the community. Examples of educational programs and support groups included grief recovery, diabetes education, Mommy Mixer, nutritional counseling and CREATION Health. CREATION Health is a wellness and lifestyle program built on the principles of choice, rest, environment, activity, trust, interpersonal relationships, outlook and nutrition.

The Mobile Health Services Bus provided health care services for uninsured people or those who have no transportation to medical services. The bus operated four days per week throughout Johnson and southeast Tarrant Counties, and provided vaccinations and physicals as well as treatment for minor illnesses.

Texas Health Huguley sponsored and participated in area collaborative on awareness, literacy and navigation. These included the Community Health Council, City of Burleson, HEB grocery chain, Chamber of Commerce and local school district. The hospital was a co-founder of, and continued to be a leader in, Be Healthy Burleson, which promotes healthy lifestyles for the 42,000 residents of nearby Burleson, Texas. Be Healthy Burleson provided community fitness opportunities and educational programs and seminars, and is built on an advocacy and policy effort around good health. Activities included the Be Healthy Burleson Annual Run, Be Healthy Burleson Community Workouts, Cancer Awareness, and health fairs, classes, and health and wellness seminars. The events are free and open to the public.

## **Priorities Considered but Not Selected**

### **Adequate health resources and cost of care for the indigent (low-income) and other vulnerable populations**

The supply (number, type of providers) is a barrier to access in this community. Texas Health Huguley does not have the resources for effective interventions on this issue, but has set out to understand the resources that ARE available, raise awareness around them, and continue to support these entities. As noted above, the hospital has a Mobile Medical Bus that goes to underserved areas and supports the Hope and Keene Clinics, which provide free care to underserved people.

### **Transportation**

A lack of transportation resources is a barrier to access in this community, but is a social determinant rather than a health condition. The hospital cannot directly provide public transportation, but the Mobile Medical Unit provides services in underserved communities.

**Cancer**

Huguley believes there are adequate resources for cancer patients in its community. Huguley will continue to provide support to these entities.

**Injury and Violence**

Huguley hospital does not have expertise in this area and the need is being addressed by others in the community. Huguley will continue to provide support to these entities through its participation in community collaborations.

**Maternal and Child Health**

This community concern is being addressed by others in the community. Huguley will continue to provide support to these entities.

**Mental Health**

Based on the data collected, the hospital believed that the two issues it chose were the highest priority for the community. The hospital will continue to support community entities that provide mental and behavioral health services.

**Oral Health**

The hospital does not have expertise in dental services.

**Prevention and Wellness**

This need is being addressed in the Chronic Care and Awareness/Navigation part of this implementation strategy. The hospital continues to support other community entities who are working on this issue.

**Tobacco**

Other community agencies offer smoking cessation programs.