

## Talk to your Kids About Mental Health

Start the Conversation On the Way Home From the Basketball Game

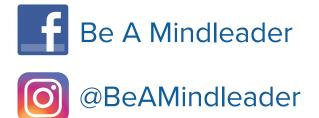
"Who was your favorite player and why?"



"Was there a moment at the game that made you feel nervous or overwhelmed?"

"What did you enjoy the most about the basketball game?"

## **#BeAMindleader** Join the Conversation







Heart of Florida United Way