










# Specialty Guide

A Guide for Providers



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# Rooted in Faith. Forward in Care.

Our principles for caring for the whole person started more than 150 years ago with the founders of the Seventh-day Adventist Church. We continue to help the people in our care create a life of whole health by healing their bodies, strengthening their minds, and lifting their spirits. Today, AdventHealth is one of the largest health care providers in the United States, with thousands of compassionate professionals working to Extend the Healing Ministry of Christ around the country.

Our Mission:

Extending the Healing Ministry of Christ

Our faith-based mission is the foundation for everything we do. We believe health should be measured in terms of the whole person — body, mind, and spirit. And it's our promise to you to help you feel whole. With world-class expertise and uncommon compassion, we're here for you through every phase of life.

AdventHealth History:

AdventHealth was formally founded in 1973, but traces its roots back to 1866 with a team of Seventh-day Adventist medical pioneers in Battle Creek, Michigan. During a time when many treatments were as harmful as the conditions they attempted to cure, our founders were considered revolutionaries for their belief that preventing disease was as important as treating it. They believed the best care didn't treat only the body, it also helped heal the mind and lift the spirit.

Since our founding, we've treated every patient as a creation of God, deserving of extraordinary whole-person care. By focusing on the whole-person and strengthening our mission, AdventHealth is a national leader in quality, safety, and patient satisfaction. Our founders' commitment and philosophy continue today in hundreds of hospitals, nursing homes, and clinics around the world.

Words to Heal by: AdventHealth Values

## **Quality and Service Excellence**

We consistently deliver exceptional whole-person care and strive for excellence in all we do.

## **Community Well-Being**

We are committed to improving the health, prosperity, and well-being of the communities we serve.

## **High Ethical Standards**

We are called to uphold the highest standards, with integrity driving every decision we make and every action we take.

## **Stewardship**

We are guided by relentless stewardship in the management of the resources entrusted to us.

## **Inclusiveness**

We celebrate the diverse backgrounds, cultures, and experiences of our patients, visitors, and colleagues, and embrace opportunities to learn and grow from new perspectives.

# Behavioral Health

- Group Counseling
- Hep-C Management
- Mental Health Services
- Peer Support Specialist
- Substance Abuse Disorder
- Targeted Case Management



Anita Cornett, MD, FASAM



Melinda Garrett, LPCC, LCADE



Tara Griffiths, APRN, CARN-AP



Tammie Hacker, APRN



Roxie Huffman, LCSW



Cynthia Maggard, APRN



Aissa McClendon, CSW



Angela Mitchell, APRN, DNP



Vena Sumner-Burns, LCSW



Zachary McGeorge, LCSW, DSW

AdventHealth Primary Care Clinic | 56 Marie Langdon Drive, Entrance D, Manchester, KY 40962

PH: 606-598-4539 | F: 606-599-2526 | Monday – Friday 8:00 AM – 5:00 PM

Addiction Medicine PH: 606-598-4538

GetHelpManchester.com



Allison Johnston, APRN

# Dermatology

- Acne
- Eczema
- Excessive Sweating
- Hair Loss
- Nail Fungus
- Psoriasis
- Rosacea
- Scars
- Skin Cancers
- Skin Diseases
- Skin Infections
- Sun Spots
- Vitiligo
- Warts

AdventHealth Primary Care Clinic | Dermatology

56 Marie Langdon Drive, Entrance B, Manchester, KY 40962

PH: 606-598-4532 | Fax: 606-391-2614 | [AdventHealthManchester.com](http://AdventHealthManchester.com)



## Direct Admit Criteria

### ED Criteria:

If the patient has any of the following, please send to the Emergency Department immediately:

1. Chest pain, abnormal EKG, atrial fibrillation with rapid ventricular response, shortness of air with O2 sat below 89%, acute abdomen, stroke symptoms, acute mental status changes, Na <120, K>6.0 or <2.5, positive D-dimer (may discuss with hospitalist).

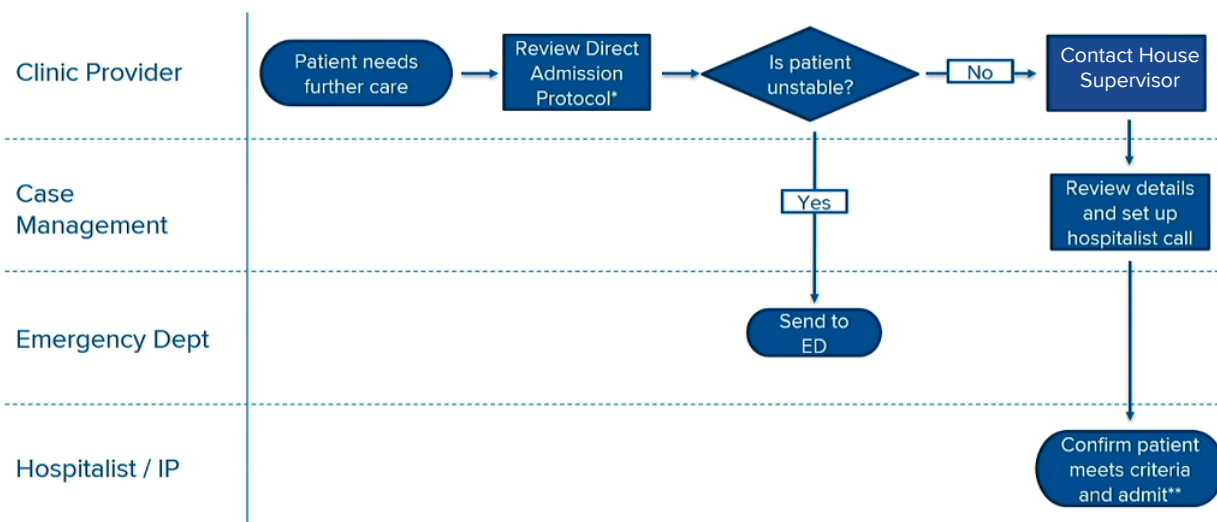
### 2. Meets sepsis criteria:

- a. Any 2 or more:
  - Temp < 96.8 or >101 F
  - HR>90
  - RR>20
  - WBC > 12k, <4k or >10% bands
- b. And evidence of at least one new organ dysfunction:
  - SBP <90
  - Creat >2.0
  - Bilirubin >2
  - Platelets <100,000
  - INR > 1.5
  - Lactate >2mmol/L

- Community acquired pneumonia failing outpatient treatment without sepsis or hypoxia
- Skin and soft tissue infections failing outpatient treatment (ex. Cellulitis, diabetic foot ulcers, etc)
- Acute Exacerbation of COPD or Asthma failing outpatient treatment without hypoxia
- Bronchitis
- Dehydration requiring IV fluids
- Syncope with no focal neurologic deficits
- Afib
- Uncontrolled diabetes mellitus requiring high doses of insulin who failed outpatient treatment
- Lower gastrointestinal bleed with Hgb greater than 7.5 and hemodynamically stable
- Anemia HCT<25
- CHF exacerbation failing outpatient treatment with no acute EKG changes
- Gastroenteritis
- Pyelonephritis

\*If the patient meets above criteria for admission, please call House Supervisor at 606-598-1075. A phone conference with the hospitalist provider will be arranged to discuss the patient. If accepted, instructions will be provided for direct admission. All patients must be evaluated by PCP or provider on the day of admission.

## Direct Admission Process Flow



# Ear, Nose, & Throat

- Advanced sinus surgery
- Allergies
- Anterior skull base surgery
- Head and neck cancers
- Hearing loss
- Nasal diseases
- Pediatric ENT surgeries
- Sleep apnea



Andrew Vaughn, MD

**AdventHealth Primary Care Clinic**  
**Ear, Nose & Throat**

**56 Marie Langdon Drive, Entrance F**  
**Manchester, KY 40962**

**PH: 606-598-4527 | FAX: 606-599-2591**



# Endocrinology

## Conditions we treat

- Adrenal disorders
- Autoimmune disorders
- Cancers of the endocrine glands
- Cholesterol disorders
- Hypertension
- Hypoglycemia
- Lipid disorders
- Metabolic disorders
- Osteoporosis
- Over or underproduction of hormones
- Parathyroid
- Polycystic ovarian syndrome
- Pre-diabetes
- Thyroid disorders
- Type I diabetes
- Type II diabetes

## Treatments We Offer

- Placement and evaluation of continuous glucose monitors
- Thyroid ultrasound
- Ultrasound-guided fine needle aspirations



David Escalante, MD, FACE  
Board Certified in Endocrinology,  
Diabetes, & Metabolism



April Couch, APRN

AdventHealth Primary Care Clinic  
Endocrinology

56 Marie Langdon Drive, Entrance F  
Manchester, KY 40962

PH: 606-598-4522 | FAX: 606-599-2536





# General Surgery

- Amputation
- Bartholin Gland Excision
- Bravo PH Probe
- Bowel resection
- Cervical Cone
- Circumcision
- Colonoscopy biopsy/polypectomy
- Cyst Removal
- Dilation and Curettage
- EGD with biopsy/polypectomy/dilation
- Endoflip (Esophageal motility study)
- Esocheck / Esoguard
- Foreign body removal
- Frenulectomy
- H.E.T. (Painless Hemorrhoidectomy)
- Hydrocelectomy
- Hysterectomy
- Laparoscopic Appendectomy
- Laparoscopic Cholecystectomy
- Laparoscopic and open hernia repairs
- Laparoscopic Salpingo-Oophorectomy
- Laparoscopy
- Liver biopsy
- Mastectomy, breast biopsy
- Nissen Fundoplication
- Parathyroidectomy
- Skin Lesion Excisions with or without skin graft, flap or tissue rearrangement
- Thyroidectomy
- Tonsillectomy/Adenoidectomy
- Vasectomy
- Wound Debridement



Gregory Wilkens, MD



Shonda Tucker, APRN

AdventHealth Primary Care Clinic  
General Surgery  
56 Marie Langdon Drive, Entrance F  
Manchester, KY 40962  
PH: 606-598-4537 | F: 606-599-2555  
Monday – Thursday 8:00 AM to 5:00 PM  
Friday 8:00 AM to 12:00 PM

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AdventHealth London Parkway Clinic  
General Surgery  
102 Professional Drive, Suite 2  
London, KY 40741  
PH: 606-598-4537 | F: 606-599-2555  
First Monday of every month 1:00 PM to 5:00 PM  
ManchesterSurgicalCare.com





## Home Care

Skilled Nursing (all with MD order, pending insurance approval, and homebound status, if needed)

- Catheter Maintenance
- CHF Care
- COPD Care
- COVID Management
- Diabetic Care
- Drains
- Fall education/prevention and home safety
- Feeding Tube
- Incontinence supplies (medical only)
- Infusion therapy
- Injections
- Lab draws
- Medication education and reconciliation
- Medi planner/syringe prefills (Medicaid only)
- Monthly port flushes (Medicaid only)
- Observation and assessment
- Ostomy Care
- Oxygen management and safety education
- Pediatric Care
- PICC/Port maintenance
- Stroke management
- Therapeutic drug monitoring
- TPN administration
- Tracheotomy care and education
- Wound care/wound vac

AdventHealth Home Care Manchester

509 Memorial Drive, Suite 2

Manchester, KY 40962

PH: 606-598-1969 | F: 606-598-2062

Monday - Thursday 7:30 AM to 4:30 PM

Friday 7:30 AM to 2:00 PM

Nurses available 24/7

Serving Bell, Clay, Jackson, and Leslie  
Counties

Medicare Certified and Joint Commission  
Accredited

[HomeCareinManchester.com](http://HomeCareinManchester.com)

# Home Care

## Home Health aide services

- Bathing
- Bed changes
- Personal care
- Skin management

## Physical Therapy Services

- Assist with regaining strength and balance
- Fall prevention/safe environment
- Gait and transfer training
- Heat/cold therapy
- Help with coordination
- Home exercise programs
- Increase endurance and flexibility
- Increase range of motion
- Mobility training
- Muscle re-education
- Physical therapy techniques to relieve pain
- Post-surgical rehabilitation

## Occupational Therapy Services

- Assistive devices/Adaptive equipment training
- Balance
- Bathing
- Bed mobility
- Caregiver education
- Clay and Jackson counties only
- Dressing
- Energy Conservation
- Feeding
- Functional mobility
- Grooming
- Maximizing Independence in The Home
- Improving Performance Components
- Safety in the home
- Transfers

## Educates on the following Instrumental Activities of Daily Living (IADLS):

- Home Management
- Housekeeping
- Laundry
- Meal preparation

## Works on the following Neuromuscular skills:

- Balance
- Endurance
- Fine motor skills
- Muscle strength
- Postural control
- Range of motion

## Works on the following Sensorimotor skills:

- Sensory processing

## Works on the following Cognitive Skills:

- Attention span
- Memory
- Orientation
- Problem solving
- Sequencing

# Imaging

Perform all routine exams, plus the following:

Bone Density - all routine exams

CT - all routine exams plus the following:

- 3 Phase Liver
- Appendix
- CT Angio Heart Coronary W/ IV Contrast (CCTA)
- Leg Run Offs
- Low Dose Chest

Mammography - all routine exams

We are proud to offer our patients Smart Curve 3D images, which feature a curved compression surface that creates a more comfortable mammogram experience. Our patients can easily schedule their mammograms online at [ManchesterMammo.com](http://ManchesterMammo.com).

MRI - all routine exams, plus the following:

- MR Angio
- MRCP
- Prostate
- 550lb weight limit

Nuclear Medicine - all routine exams

- Thyroid Uptake Scans

Radiology

- Barium Enema
- Barium Swallow
- Small Bowel Follow Throughs
- UGI

Ultrasound - all routine exams, plus the following:

- ABI
- Appendix
- Elastography
- Renal Arteries



210 Marie Langdon Drive  
Manchester, KY 40962  
Phone: 606-262-6931  
Fax: 606-598-1243

# Infusion

## WHAT WE DO:

- Arrange for appropriate appointments
- Blood Transfusion
- Coordinate appropriate transportation
- Coordinate physician-to-physician communication; facilitating patient acceptance
- Facilitate a consistent process for Infusions/Injections
- Insertions and removal of Foley Caths
- Monthly Maintenance of Porta Caths
- Placement/Removal of PICC Lines
- Pre-authorize for medications
- Provide updates to referring providers

## BENEFITS:

- Single point of access for all patient non-chemo Infusions
- Clinically experienced staff answering calls
- Enhances the continuum of care and physician-patient relationships

## WHAT WE NEED WHEN YOU CALL:

- Facility/Physician call back number
- Patient Demographics, Diagnosis/RX, and Service/Infusion/Injections

## REMEMBER TO SEND:

- Patient Demographics
- Insurance Information
- Copy of pertinent chart documents
- Physician Order
- Progress Notes/ Clinic Notes

PHONE – 606-598-5104 ext. 4585

FAX - 606-599-2590

210 Marie Langdon Drive  
Manchester, KY 40962

## HOURS:

Monday - Friday  
8:00 AM to 5:00 PM



# Orthopedics and Spine

## Specialties

### GenOrtho

- Carpal Tunnel
- De'Quervain Release
- Ganglion Cyst Excision
- Joint Fusion
- Tennis Elbow
- Trigger Finger

### Trauma

- Ankle
- Elbow
- Femur
- Foot
- Forearm
- Hand
- Hip
- Humerus
- Lower Extremity Trauma
- Shoulder
- Tibia
- Upper Extremity Trauma
- Wrist

### Shoulder

- Clavicle Fracture
- Open Rotator Cuff Rep
- Subacromial Debridement

### Interventional Pain Management

- Kyphoplasty: (Thoracic and Lumbar)
- Lumbar Spinal Injection
- Spinal Cord Stimulation Therapy

### Joint Reconstruction

- TKR (total knee)
- THR (total hip)

### Spine Services

- Cervical: Fusion
- Lumbar: Decompression, Fusion, Disc Replacement
- Si Joint Fusion
- Small Incision Spine Surgery

### Tumors

- Benign Bone
- Biopsies
- Metastatic Lesion
- Soft Tissue Tumors



Giriraj Gupta, MD

AdventHealth Primary Care Clinic

Orthopedics & Spine

56 Marie Langdon Drive, Entrance F, Manchester, KY 40962

PH: 606-598-4529 | F: 606-599-2529

Monday, Wednesday, and every other Thursday

8:00 AM to 5:00 PM

AdventHealth London Parkway Clinic

Orthopedics & Spine

102 Professional Drive, Suite 2, London, KY 40741

PH: 606-598-4529 | F: 606-599-2529

1st & 3rd Thursday 8:00 AM to 5:00 PM

[ManchesterOrthopedics.com](http://ManchesterOrthopedics.com)



# Pediatrics

- Behavioral and developmental evaluations and treatment, if needed
- Care for minor illnesses like the cold and flu, allergic reactions, and more
- Nutrition counseling
- Recommended immunizations and vaccines
- Regular health checkups
- School and sports physicals
- Treatment for minor injuries
- Well-Child care from birth through adolescence



Ashtin Nix, MD  
Pediatrician

Certified Lactation Specialist



Khercie Smith, MD  
Pediatrician



Jayme Turner, APRN



Sherri Smith, APRN

## AdventHealth Primary Care Clinic

56 Marie Langdon Drive, Entrance A, Manchester, KY 40962

PH: 606-599-4080 | F: 606-599-0586

Monday – Thursday 8:00 AM to 5:00 PM

Friday 8:00 AM to 2:00 PM

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## AdventHealth McKee Clinic

241 Main Street South, McKee, KY 40447

PH: 606-287-3444 | F: 606-287-3445

Monday 8:00 AM to 5:00 PM

ManchesterPeds.com

# Psychiatry

- Addiction and Substance Abuse Disorders
- Adjustment Disorders
- Anxiety Disorders
- Attention Deficit Hyperactivity Disorder (ADHD)
- Autism Spectrum Disorders
- Bipolar Disorders
- Depression
- Eating Disorders
- Obsessive-Compulsive Disorder (OCD)
- Post Traumatic Stress Disorder (PTSD)
- Postpartum Depression
- Psychiatric Aspects of Critically Ill, Cancer, and Transplant



Amber Henson, FNP-C, PMHNP-BS



Cynthia Maggard, FNP-C, PMHNP-BS



Suzann Smith, FNP-C, PMHNP-BS

AdventHealth Primary Care Clinic

Psychiatry

56 Marie Langdon Drive, Entrance D

Manchester, KY 40962

PH: 606-598-4539 | F: 606-599-2572 | Monday – 8:00 AM to 5:00 PM

[GetHelpManchester.com](http://GetHelpManchester.com)



# Psychology

## Assessment-Across Ages

- ADHD
- Autism
- Learning disorder/dyslexia

## Across Ages

- Dialectical Behavior Therapy
- Mindfulness-/acceptance-based approaches

## Child and Adolescent

- Collaborative and Proactive Solutions
- Parent-Child Interaction Therapy

## Specific Concerns

- Complicated Grief
- Eating disorders
- Health psychology concerns
- Insomnia
- Obsessive-compulsive disorder
- PTSD



Keshia Wagers, Ph.D

AdventHealth Primary Care Clinic  
Psychology

56 Marie Langdon Drive, Entrance D  
Manchester, KY 40962

PH: 606-598-4539 | F: 606-599-2528

Monday – Thursday 8:00 AM to 5:00 PM



# Sports Med & Rehab

A PHYSICAL THERAPIST CAN TREAT:

- Arthritis
- Back pain
- Knee pain
- Osteoporosis
- Overuse Injuries
- Shoulder Pain
- Stroke
- Sprains, strains, and fractures
- And much more



## LOCATIONS

AdventHealth Sports Med & Rehab Garrard

2734 South Hwy. 421, Manchester, KY 40962 | 606-598-4506 | 606-596-0254 FAX

AdventHealth Sports Med & Rehab London

102 Professional Drive, Suite 3, London, KY 40741 | 606-864-2788 | 606-864-2797 FAX

AdventHealth Sports Med & Rehab Manchester

485 Memorial Drive, Suite 2, Manchester, KY 40962 | 606-599-1709 | 606-599-8549 FAX

AdventHealth Sports Med & Rehab McKee

15 Hwy. 290, McKee, KY 40447 | 606-287-8927 | 606-287-8029 FAX

[GetMovingKY.com](http://GetMovingKY.com)

# Urology

- Circumcision
- Cystoscopy with urethral dilatation and/or bladder biopsy
- Extracorporeal shock wave lithotripsy and ureteroscopy
- Laser lithotripsy for kidney stones
- Low Testosterone
- Prostatectomy
- Procedures for urinary incontinence
- Rezum Water Vapor Therapy for BPH
- Transurethral resection of bladder tumors
- Treatment and Removal of Hydrocele/ectomy
- Ultrasound-guided prostate biopsy
- Urodynamic Testing
- Vasectomies



Suvas Desai, MD  
Board-Certified Urologist



April Couch, APRN

AdventHealth Primary Care Clinic  
Urology

56 Marie Langdon Drive, Entrance F, Manchester, KY 40962

PH: 606-598-4500 | F: 606-599-2573 | Monday & Thursday 8:00 AM to 5:00 PM

[UrologyManchester.com](http://UrologyManchester.com)

# Women's Care

- Abdominal and vaginal hysterectomy
- Abnormal uterine bleeding
- Advanced hysteroscopic surgery
- C-section and vaginal deliveries
- Incontinence procedures
- Infertility
- Laparoscopic Hysterectomy
- Laparoscopic tubal ligation
- Normal and high-risk pregnancies
- Pelvic - organ prolapse
- Pelvic pain



Shawn Gorden, MD  
OB/GYN

AdventHealth Primary Care Clinic  
Women's Care

56 Marie Langdon Drive, Entrance A  
Manchester, KY 40962

PH: 606-599-4080 | F: 606-598-1040

Monday – Thursday 8:00 AM to 5:00 PM

Friday - 8:00 AM to 12:00 PM

[ManchesterWomens.com](http://ManchesterWomens.com)



# Women's Care

## Blue Angels Program - High-Risk Obstetric Care to Rural Kentucky

Highly trained obstetricians use special equipment to review fetal ultrasounds remotely, in real time, and talk with the patient simultaneously.

Ultrasound techs travel with a portable video conference device, seeing patients whose hometown obstetricians have identified as high-risk based on their own ultrasound technology.

The briefcase-size video system, which includes a camera and microphone, connects to the ultrasound equipment in each location and allows the obstetrician to see the ultrasound as it is being performed, guide the technician through difficult studies, and communicate with the patient just as if they were in the same room.

This program is conducted through our Women's Care service line. For more information call 606-599-4080.



# Wound Care

Services offered:

- Compression therapy
- Limb salvage
- Offloading
- Specialty dressing and wraps
- Surgical debridement (in-clinic)
- Staple and stitches removal
- Vacuum-assisted closure

Wounds We Treat:

- Arterial/ischemic ulcers
- Burns
- Compromised skin graft or flap
- Crush injuries
- Diabetic Ulcerations / Diabetic foot ulcers
- Late effects of radiation (radiation cystitis, proctitis, or external wound) following start of hyperbaric treatment
- Lower extremity wounds
- Non-healing post-surgical wounds
- Pressure injuries/ulcers
- Specialty shoe fitting
- Traumatic wounds
- Venous status ulcers
- Venous ulcers



Gregory Wilkens, MD



Matthew Young, APRN

AdventHealth Wound Care Manchester | 515 Memorial Drive, Suite 1, Manchester, KY 40962

PH: 606-598-4524 | F: 606-599-2554 | [ManchesterWoundCare.com](http://ManchesterWoundCare.com)

# Other Services

## **Cardiology**

Appalachian Heart & Vascular  
Dr. Rao & Dr. Srin  
65 Glendale Drive, Suite 1  
Manchester, KY 40962  
Referrals: 606-439-0051  
Phone: 606-598-4533  
Fax: 606-599-2541

## **Good Heart Corporation**

Dr. Ashwini Anand  
65 Glendale Drive, Suite 1  
Manchester, KY 40962  
Phone: 606-330-0050

## **Coumadin Clinic**

Anticoagulation Management  
Derrick Herron, Pharm D  
210 Marie Langdon Drive  
Manchester, KY 40962  
(Hospital 1st Floor)  
Phone: 606-598-5104 Ext. 4536  
Fax: 606-599-2576  
Mon. & Thur. 8:30 AM-5:30 PM

## **EMG / NCS Testing**

Professional Rehab Associates  
Dustin Arthur PT, DPT  
65 Glendale Drive, Ste 1  
Manchester, KY 40962  
Phone: 859-625-0001  
Fax: 859-625-0057  
Mon. 8:00 AM-5:00 PM

## **Hep C Clinic**

Ashley Munn, APRN  
Tara Griffiths, APRN  
56 Marie Langdon Drive, Entrance C  
Manchester, KY 40962  
Phone: 606-599-4080  
Mon. 1:00 PM-5:00 PM

## **Nephrology**

Dr. Syed Hasni  
65 Glendale Drive, Suite 1  
Manchester, KY 40962  
Phone: 606-545-6491  
Fax: 606-219-4221  
Thu. 9:00 AM-1:00 PM

## **Tele-Neurology - Memory Disorders Clinic**

Sanders - Brown Clinic  
Gregory A. Jicha, PhD  
56 Marie Langdon Drive  
Manchester, KY 40962  
Phone: 859-323-4485  
Fax: 859-323-5943



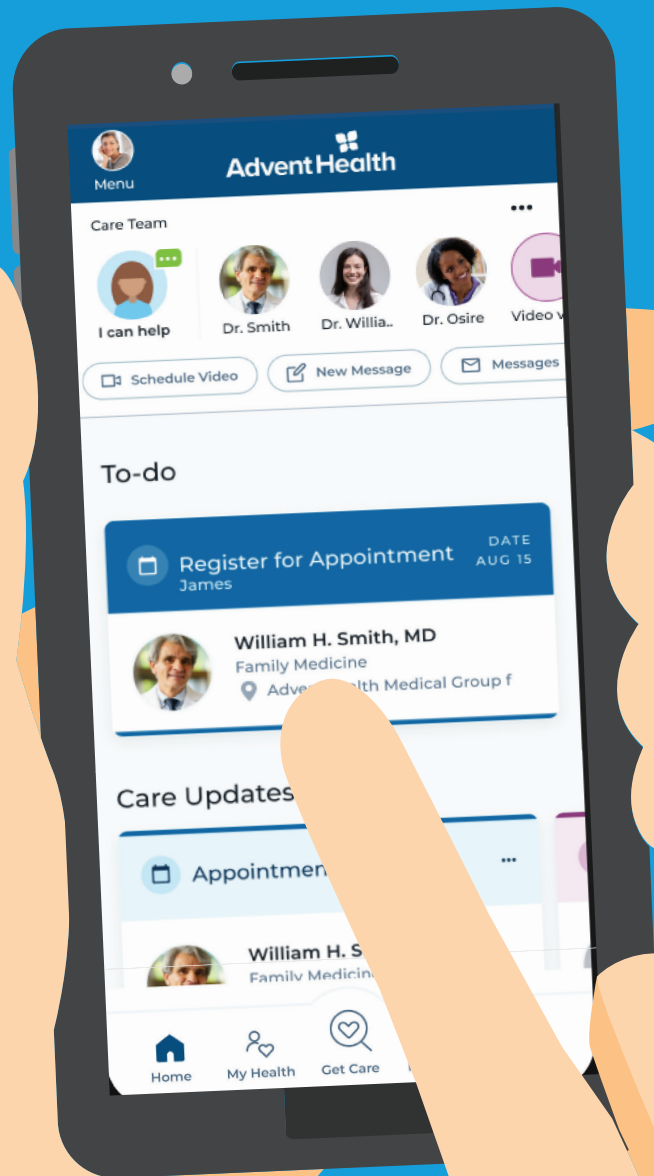
# Hands-on Health Care.

The updated AdventHealth app is here to help you feel connected, feel informed, feel whole.

- Find a provider.
- Schedule and manage your appointments.
- Register and check-in for appointments remotely.
- Manage your whole family's health records.
- Message your care team.
- Renew prescriptions via Patient Portal.
- View lab and imaging results.
- Obtain estimates, and pay your bill.
- See a provider for a virtual visit.

NEW: Have a care advocate help you with all of the above and more through Care Advocacy.

Get your hands on the cure for the common app. Visit [AdventHealth.com](https://www.adventhealth.com), or download the app today.



  
**AdventHealth**









AdventHealth Manchester  
210 Marie Langdon Drive  
Manchester, KY 40962  
[AdventHealthManchester.com](http://AdventHealthManchester.com)