

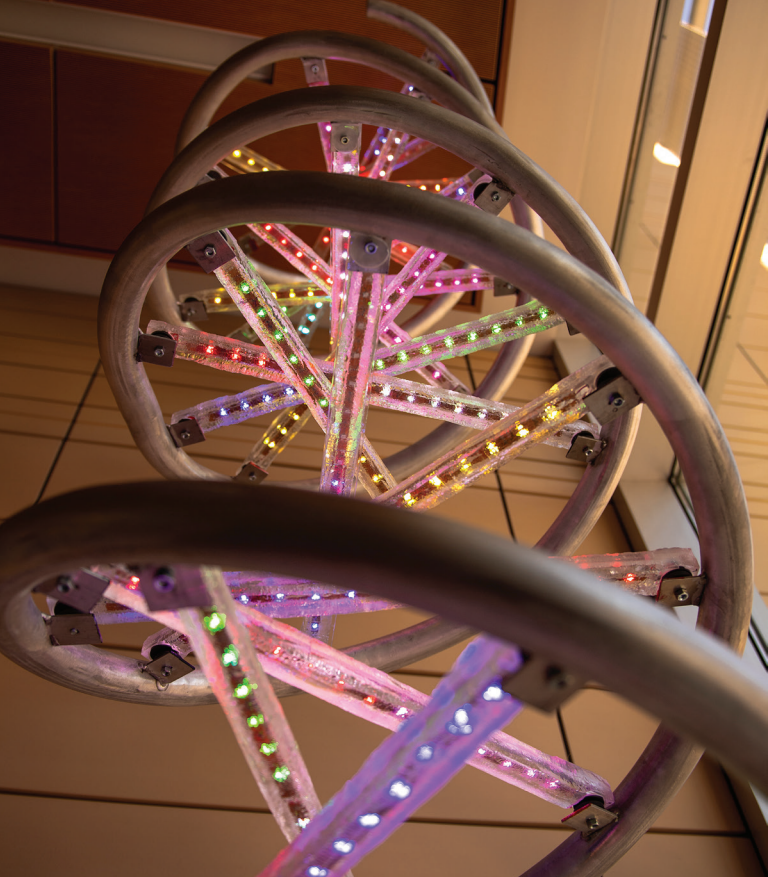
# WholeMe

It's What's Inside of  
You That Matters



  
**Advent Health**

  
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## We believe knowledge is power.

Our researchers hope to show how genomics can be successfully integrated into health care to prevent, diagnose and treat diseases and empower consumers with potential life-saving information about their health.

From disease prevention to diagnosis and treatment, genomics is the future of medicine. It will be an essential component of health care for our community as we focus on wellness and preventative care. The implications of genomics programs are significant for today's patients and the future of Florida's health.

WholeMe is an important first step in our genomics program, and the study will:

- Advance screening for heart disease
- Engage the community and increase their awareness of genetics and genomics in their health
- Learn how consumers respond to the study, and learn if the information they obtain from the study influences their health decisions

### Join the study.

WholeMe is offered at no charge to the first 10,000 participants to join the study.

Enrollment to the study will be offered at various locations around Central Florida and during specific dates.

**If you would like more information or to join the study, visit [WholeMeFlorida.com](http://WholeMeFlorida.com).**

## WholeMe

WholeMe is a first-of-its-kind DNA study in Florida that will empower consumers with potential life-saving information about their heart health.

In partnership with Helix, a personal genomics company, participants will be able to learn about traits that may impact their daily life, such as lactose tolerance, caffeine metabolism and sweet tooth. Their DNA will also be evaluated for the genes linked to familial hypercholesterolemia (FH) – a genetic condition that causes high cholesterol. If left untreated, it can lead to a heart attack, even in young adults.

