



Physician to Physician Mentoring Program

The AdventHealth Hinsdale and La Grange Mentoring Program is a voluntary, focused relationship designed to engage and grow our medical staff through building a culture of community, leadership and mutual care and respect for each other.

- Mentors are recruited from our medical staff leadership and go through a 2-hour preparation course in communication, listening and emotional intelligences to effectively mentor.
- Mentees are selected from the active medical staff through an application process and are paired with a trained mentor by members of the Mentoring Subcommittee.
- The program requires a six-month commitment with the expectation for mentors and mentees to connect for at least an hour each month.
- Mentee will self-assess and identify development areas of focus and create monthly talking points/agenda
- Collaborate on key mentorship goals
- Both engage in learning activities and relationships related to goals and make necessary changes to meet goals
- Both mentor and mentee provide feedback to program leadership on areas for consideration through a structured debrief at the end of the six months.

Once matched, communication will be sent with instructions on scheduling initial mentorship meetings and logging regular monthly meetings throughout the six-month journey.

To become a mentor, register at <https://forms.office.com/r/vWGweNj0GE>

For more information contact Heather Hoffman at Heather.L.Hoffman@AdventHealth.com or 630-452-7386.