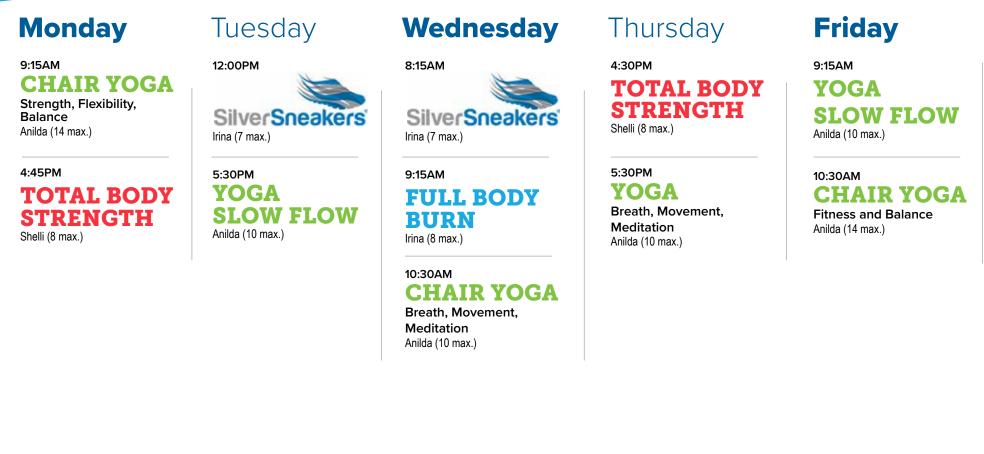
Group Fitness Schedule

Effective August 1, 2024

Hours: Monday - Thursday 5:00am - 8:00pm Friday 5:00am - 6:00pm Saturday & Sunday 7:00am - 3:00pm



- Classes are free with your membership unless otherwise stated.
- Max number of participants are indicated next to class title.
- Classes can vary by week and are first come first exercise.

