

**BOWEL CONTROL SURVEY**

Name \_\_\_\_\_ Dob \_\_\_\_\_ Age \_\_\_\_\_ Date \_\_\_\_\_

I have read the information below and it does not apply to me. Signature: \_\_\_\_\_

**Which symptoms best describe you?**

- Bowel accidents because I am unable to make it to the bathroom in time
- Frequent loose, watery stool
- Abdominal pain

**How long have you had these symptoms?** \_\_\_\_\_

**Approximately how many bowel accidents do you have per week?** \_\_\_\_\_

**Behavior modifications you have tried:** \_\_\_\_\_  
(i.e., lifestyle changes, fiber, diet changes, pelvic floor muscle training/biofeedback)

**Have you tried medications to help your symptoms?**  Yes  No

**If yes, check the medications you have tried:**

- Imodium®
- Lomotil®
- Imotil®
- Diphenoxylate
- Loperamide
- Other \_\_\_\_\_

**Did these medications help your symptoms? Circle #**

|   |   |   |   |   |   |   |   |   |   |    |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|---|---|---|---|---|---|---|---|---|---|----|

**No Relief** **Completely Cured**

**If you've stopped taking your meds, explain why:**

- Did not Help
- Side Effects
- Too Expensive

**Describe Side Effects** \_\_\_\_\_

**What is your level of frustration with your bowel control symptoms? Circle #**

|   |   |   |   |   |   |   |   |   |   |    |
|---|---|---|---|---|---|---|---|---|---|----|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
|---|---|---|---|---|---|---|---|---|---|----|

**Not Frustrated** **Very Frustrated**

**I am interested in learning more about treatment alternatives to medications:**

- Yes
- No