



Obstetrics & Gynecology Residency Program

Orlando, Florida

Program Leadership

**Program Director:
Sarah Weaver, MD**



- Undergrad: University of Central Florida
- Medical School: Florida State University
- Residency: Inova Fairfax
- Former Faculty and Associate Program Director at University of Florida - Jacksonville

**Program Coordinator:
Jessica Rodriguez, MPA**



- Grad School: Long Island University
- 7+ years of experience as a Program Manager

**Associate PD:
Sarah Cappleman Shekailo, MD**



- Undergrad: Columbia University
- Medical School: University of Florida
- Residency: University of Florida
- Prior Faculty appointments at University of Florida and at University of Illinois - Chicago



Who We Are

Program Mission Statement

The Obstetrics & Gynecology Residency is operated by AdventHealth Orlando, a not-for-profit healthcare institution, to further its mission: “To extend the healing ministry of Christ.” We do so by preparing compassionate and competent Obstetrician Gynecologists. In its striving for excellence, the residency program is committed to serving the community, the sponsoring institution, the faculty, staff, and resident physicians.

Serving the Community Since 1908

- 1908 – Adventist church build its first healthcare facility in the region
- Started as the Florida Sanitarium and Benevolent Association
- Fast Forward: 2188 beds, 2,000 physicians, 20,000 employees over seven sites.
- One constant: “To extend the healing ministry of Christ”



Orlando Campus started as a farmhouse that had been converted into a tuberculosis-treatment facility

Today





GME Programs

More Than 200 Total Residents & Fellows

AdventHealth Orlando GME

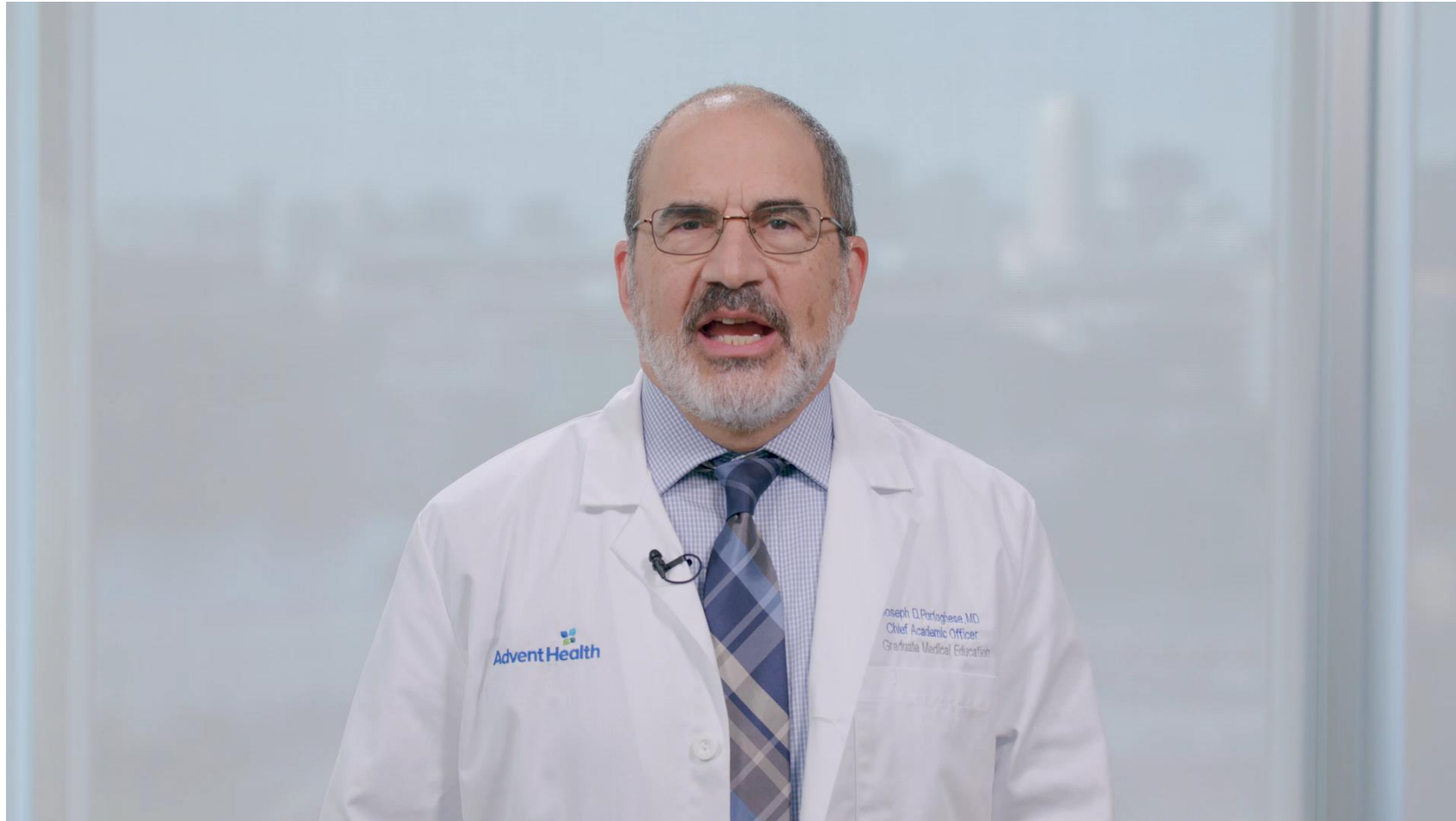
Residencies

- Obstetrics and Gynecology
- General Surgery
- General Pediatrics
- Internal Medicine
- Diagnostic Radiology
- Orthopedic Surgery
- *Family Medicine in Winter Park*
- *Emergency Medicine at AdventHealth East*

Fellowships

- Gynecologic Oncology
- Advanced Upper GI/HPB
- Cardiovascular Disease
- Colon and Rectal Surgery
- Critical Care Medicine
- Hospice and Palliative Medicine
- Neurocritical Care

Graduate Medical Education



Dr. Joseph Portoghese, MD
DIO

A healthcare professional in a white lab coat is sitting on the floor, holding the hands of a young girl in a green shirt. The girl's mother is sitting next to her, looking on. The scene is set in a bright, clinical environment. The text "Our Program Overview" is overlaid on the image in white.

Our Program Overview

Women's and Children's Hospital



All rotations at the Orlando campus with the following exceptions:

- Family Planning
- REI
- MIGS – will utilize AH Central Florida campuses.

What can you expect Intern Year?

Semester	1				2			
Block (6 wks)	1	2	3	4	1	2	3	4
1	OB	GYN	Nights	AMB	OB	GYN	Nights	OBED
2	Nights	AMB	OB	GYN	Nights	OBED	OB	GYN
3	AMB	Nights	GYN	OB	OBED	Nights	GYN	OB
4	GYN	OB	AMB	Nights	GYN	OB	OBED	Nights

Loch Haven / AdventHealth Medical Group Orlando

“Outpatient/Gyn”



Dr. Cappelman



Dr. Balint



Dr. Boone



Dr. Crider



Dr. Davis



Dr. Hill



Dr. Clare



Dr. Nagar



Dr. Patil

AdventHealth Medical Group Orlando Hospitalists

“Inpatient (PHRU, L&D, OBED, Emergency Gyn)”



Dr. Weaver



Dr. Arunakul



Dr. Lense



Dr. Zimbrunes



Dr. Eissa



Dr. Ahmed



Dr. Fernandez-Sifre



Dr. Tramont



Dr. Perales



Dr. Collins



Dr. Campbell

Orlando Hospitalist CNMs



Tanya Vaughn-Deneen, CNM



Aron Mavros, CNM



Denise Thompson-Kronz, CNM



Jamie Jackson, CNM



Susan "Sue" Connell, CNM



Christine Ainsworth, CNM

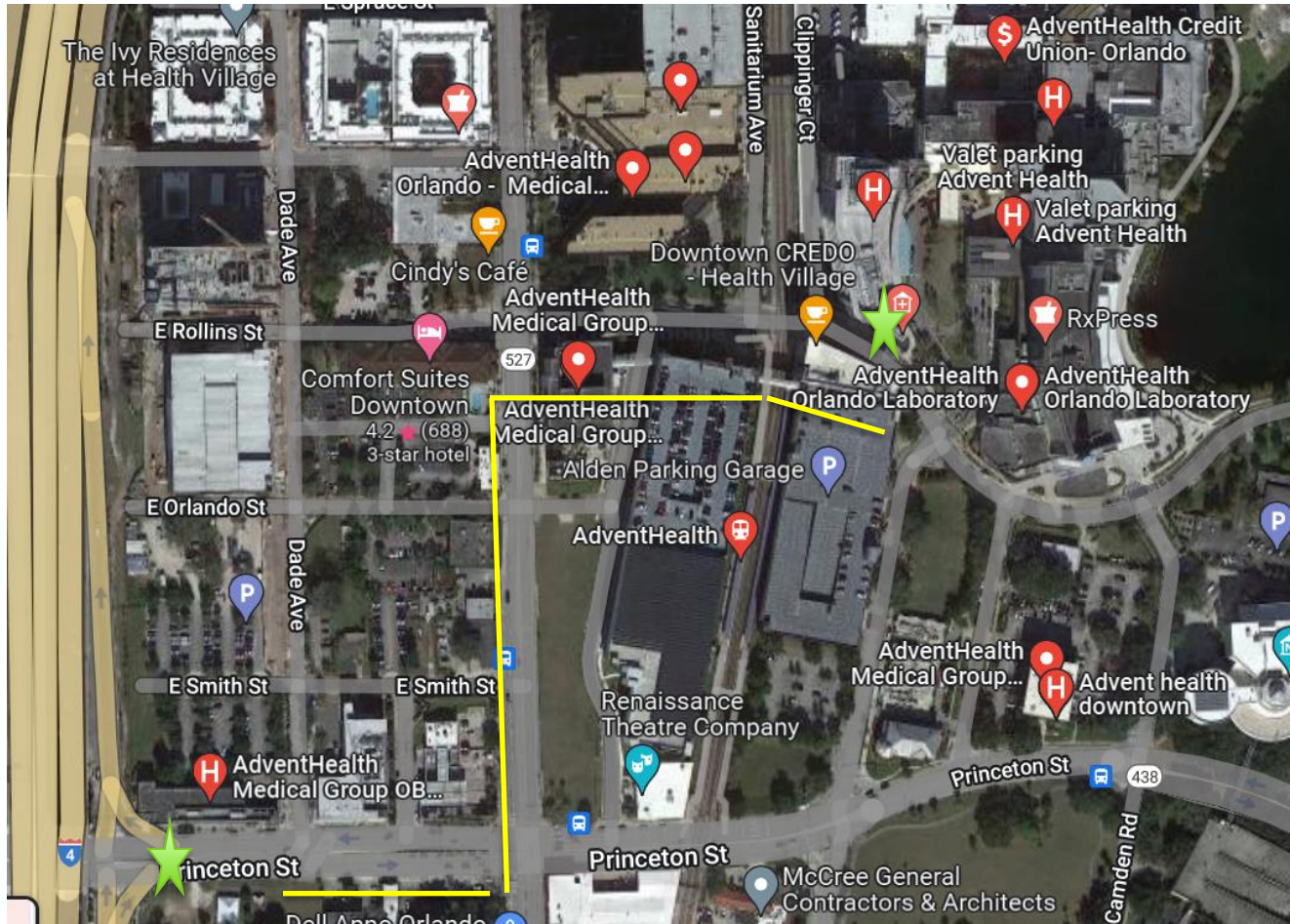


Tressie Landreth, CNM



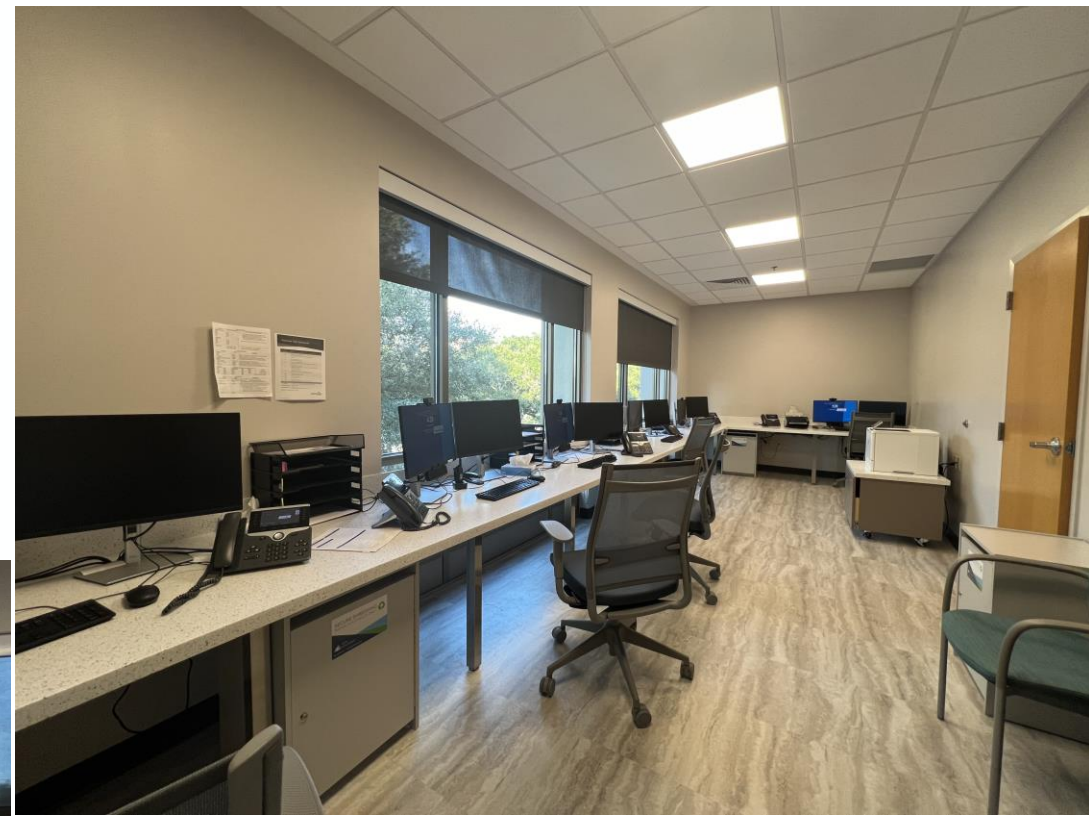
Colleen Sahy, CNM

Intern Year: Ambulatory Rotation



- 6-week block in 1st half of the year
- Full-scope Ob and Gyn care
- Site where you will continue your continuity clinics throughout residency

Continuity Clinic



Intern Year: OBED

- 6-week block in 2nd half of the year
- Evaluate patients in the OBED and back up L&D
- Perform Scheduled C-sections
- May help with emergency gyn
- Team:
 - Ob Intern
 - ED Intern as assigned
 - CNM & OBED Attending

- 1 Assessment Room
- 8 OBED Rooms
- 1 Dedicated U/S room



Intern Year: L&D Days



- Two six-week blocks
- Responsible for managing L&D patients
- Responsible for a portion of the postpartum rounds
- Present patients and plans at evening signout

- Team:
 - Ob Intern
 - 1-2 FM/ED Interns
 - *Ob Chief*

Intern Year: Night Float

- Responsible for managing patients on L&D, PHRU and postpartum with hospitalist team
- Responsible for a portion of the postpartum rounds
- Help in OBED as needed
- Team:
 - Ob Intern
 - FM Intern
 - *Ob Chief*



Labor & Delivery



Labor & Delivery ORs



Intern Year: Gyn



Team:

- Ob Intern
- *Ob Chief (3rd or 4th year)*

- Responsible for admitted Gyn patients (TOA, AUB, etc.)
- Perform Gyn consults with the Hospitalist team
- Assist Loch Haven Ob/Gyns with scheduled surgeries
- Assist Gyn Hospitalists with scheduled and emergency surgeries as available.

EMIG

- + Module 1: General Endoscopic Principles
- + Module 2: Principles of Applied Anatomy and Physiology
- + Module 3: Instrumentation
- + Module 4: Energy Sources
- + Module 5: Operating Room Set Up and Patient Positioning
- + Module 6: Principles of Operative Laparoscopy
- + Module 7: Principles of Operative Hysteroscopy
- + Module 8: Laparoscopic Procedures
- + Module 9: Hysteroscopic Procedures
- + Module 10: Laparoscopic Complications
- + Module 11: Hysteroscopic Complications
- + Module 12: Special Considerations



PGY-2 Block Schedule

Quarter	1				2			
Block (6w)	1	2	3	4	1	2	3	4
1	ONC	Nights	OBED	MFM	ONC	Nights	FP*	MFM
2	Nights	OBED	MFM	ONC	Nights	FP*	MFM	ONC
3	OBED	MFM	ONC	Nights	FP*	MFM	ONC	Nights
4	MFM	ONC	Nights	OBED	MFM	ONC	Nights	FP*

2nd Year Rotations

Night Float

- Back up L&D
- See patients in OBED
- Assist with gyn consults
- Assist with emergency gyn surgeries

OBED

- Assist with daily rounds
- See patients in OBED
- Assist with emergency gyn surgeries if gyn resident unavailable

2nd & 4th Year: Gyn Oncology

- Exposure to inpatient and outpatient Gyn Oncology Care
 - Four Attendings
 - Four fellows
 - NP – on Gyn Onc floor
- Resident Team
 - 2nd year resident
 - 4th year resident

Program Leadership



[Nathalie McKenzie, MD](#)



[Robert Holloway, MD](#)



[James Kendrick, MD](#)

Gyn Oncology Fellowship

Curriculum

PGY-5

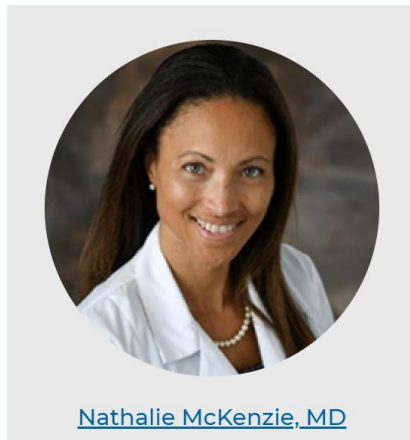
- Research: 12 Blocks

PGY-6

- GYN ONC: 11 Blocks
- Critical Care: 1 Block

PGY-7

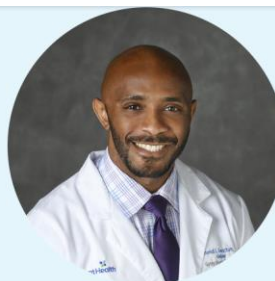
- GYN ONC: 11 Blocks
- Radiation/Oncology: 1 Block



Dr. McKenzie

- Fellowship Director
- Subspecialty Director

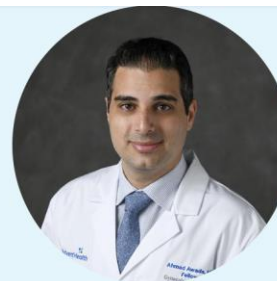
Gyn Onc Fellows



Nnamdi Gwacham, DO

Third Year Fellow

Residency: Saint Barnabas
Medical Center



Ahmad Awada, MD

Second Year Fellow

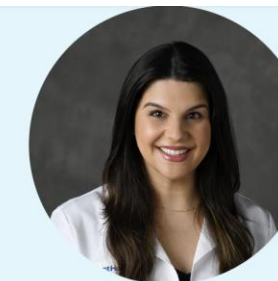
Residency: George Washington
University



Fernando Recio, MD

Second Year Fellow

Residency: University of Buffalo



Theresa Kuhn, MD

First Year Fellow

Residency: Rutgers

2nd & 3rd Year: MFM

- Subspecialty Director:
 - Kathryn Berryman
- Team:
 - 2nd year resident
 - 3rd year resident
 - 2nd year Family Medicine Resident
- Responsibilities
 - Daily antepartum rounds
 - High-risk clinic
- <https://www.adventhealthforwomen.com/team/kathryn-berryman>



Curriculum
Maternal Fetal Medicine (MFM) – PGY-2, PGY-3

Didactics & Conferences
<ul style="list-style-type: none">• Friday Morning didactics weekly• Daily AM/PM rounds• Live SMFM Lecture series first and third Wednesday of each month 1200-1300• MFM/NICU conference fourth Tuesday monthly 0700-0800
Continuity Clinic
<ul style="list-style-type: none">• Wednesday afternoon clinic (PGY-2)• Monday afternoon clinic (PGY3)
AIUM Ultrasound Curriculum
<ol style="list-style-type: none">1. 1st Trimester Fetal Anatomic Assessment, Dr. Reem Abu-Rustum2. 1st Trimester Fetal Genetic Analysis & Common Chromosomal Syndromes in the 2nd Trimester3. C/S Scar Pregnancy and Morbidly Adherent Placenta, Dr. Ilan Timor-Tritsch4. Sonographic Evaluation of Maternal Uterine Cervix, Drs. Hassan, Andrade and Romero5. Fetal Central Nervous System, Dr. Kline-Fath & Fetal Face, Neck and Head, Dr. Dolores Pretorius6. Sonographic Screening Exam of the Fetal Heart, Dr. Romero & Fetal Chest, Dr. Christopher Cassady7. Common Cardiac Malformations, Dr. Alfred Abuhamed8. Anomalies of the Fetal GI Tract, Dr. Carol Benson9. The Fetal Genitourinary Tract, Dr. Beverly Coleman10. Prenatal Diagnosis of Skeletal Dysplasias, Dr. Luis Goncalves11. U/S in Twins, Dr. Jodi Dashe & Placenta and Umbilical Cord, Dr. Thomas Shipp12. Fetal Doppler Velocimetry, Dr. Giancarlo Mari & 3D U/S in Ob, Dr. Alfred Abuhamed
Lecture Curriculum – SMFM Fellow lecture series
<ol style="list-style-type: none">1. Breaking Bad News in Obstetrics, Dr. Lydia Pecker2. Fetal Neuroprotection, Dr. Irina Burd3. Maternal Sepsis, Dr. Andrea Shields4. Thyroid disease in pregnancy, Dr. Jeffrey Sperling5. Hemoglobinopathies in pregnancy, Dr. Michelle Owens6. Venous Thromboembolism in pregnancy, Dr. Alex Friedman7. Perinatal Depression and Medication use, Dr. Kimberly Yonkers8. HIV in Pregnancy, Dr. Jones9. Embryology and Teratology, Dr. Rasmussen10. Placenta Accreta Spectrum, Dr. Scot Shainker11. Maternal Physiology, Dr. Greiner12. Recurrent Pregnancy Loss, Dr. Stephanie Ros13. IUGR, Dr. Henry Galan

2nd Year: Family Planning



- Planned Parenthood of Orlando
- Dr. Anna Varlamov
- Training in the following
 - Contraception Counseling
 - Well-Woman Care
 - STI Counseling
 - Abortion Care, with option to opt out of abortion care



PGY-3 Block Schedule

Quarter	1		2		3		4	
Block (6w)	1	2	3	4	1	2	3	4
1	MFM	MIGS	FPMRS	Elec	MFM	REI	GYN	MIGS
2	MIGS	FPMRS	Elec	MFM	REI	GYN	MIGS	MFM
3	FPMRS	Elec	MFM	MIGS	GYN	MIGS	MFM	REI
4	Elec	MFM	MIGS	FOMRS	MIGS	MFM	REI	GYN

3rd Year Rotations

Urogyn (1 block in 3rd & 4th year)

- Subspecialty Director:
 - Nathan Kow, MD
- Responsibilities
 - Assist in OR
 - Attend assigned Urogyn Clinics
 - Round on any admitted Urogynecology patients



Reproductive Endocrinology & Infertility

- Subspecialty Director:
 - Samuel Brown, MD
- Offsite at Brown Fertility
- Responsibilities:
 - Attend clinic at Brown Fertility and participate in procedures in REI Attendings



3rd Year Rotations

MIGS

- Office procedural clinic (hysteroscopy, LEEPs, etc)
- Gyn Surgery with AH surgeons outside of Loch Haven and Hospitalist groups

Elective

- Flexibility in scheduling rotation at AH or outside rotation
 - AH in other specialty
 - NICU
 - Colorectal
 - ICU
 - ACOG Fellowships
 - MD Anderson, Sloan Kettering

PGY-4 Block Schedule

Quarter	1		2		3		4	
Block (6w)	1	2	3	4	1	2	3	4
1	OB	Nights	ONC	GYN	OB	Nights	ONC	FPMRS
2	ONC	GYN	OB	Nights	ONC	FPMRS	OB	Nights
3	GYN	ONC	Nights	OB	FPMRS	ONC	Nights	OB
4	Nights	OB	GYN	ONC	Nights	OB	FPMRS	ONC

Unique OB Experiences

- High-risk referral center for AdventHealth system that delivers >14,000 per year
- OBED - ~9000 visits/year
- Dedicated Perinatal High Risk Unit (PHRU)
- Zulresso Admissions

AdventHealth for Women Orlando First in Florida Named Level IV Maternal Care Verified Facility by The Joint Commission

May 22, 2023 | AdventHealth | Estimated read time: 3 minutes



AdventHealth for Women Altamonte, Celebration and Winter Park Campuses Named Level II Maternal Care Verified Facilities

AdventHealth for Women Orlando recently became the first facility in Florida to earn a Level IV Maternal Center Designation through [The Joint Commission's Maternal Levels of Care \(MLC\) Verification](#) program. The highest level awarded, this designation recognizes the ability to provide on-site medical and surgical care of the most complex maternal conditions and critically ill pregnant women and fetuses throughout antepartum, intrapartum and postpartum care. AdventHealth for Women's Altamonte, Celebration and Winter Park hospitals were verified as Level II facilities, recognizing their ability to care for moderate to high-risk perinatal conditions.

Offered in collaboration with the American College of Obstetricians and Gynecologists (ACOG), the MLC Verification program was designed to improve maternal patient outcomes. All four AdventHealth facilities underwent a comprehensive on-site review to verify the level of care provided.

We're on a Mission to Advance Women's Health Care

AdventHealth for Women is at the forefront of leading-edge treatments specifically designed for women's evolving health care needs.



#1 Hospital in Greater Orlando

AdventHealth Orlando is recognized as the #1 hospital in Greater Orlando by *U.S. News & World Report*.



National Leader in Women's Care

AdventHealth Orlando is ranked #31 in the nation by *U.S. News & World Report* for obstetrics and gynecology.



Best Newborn Care in Florida

For the 4th time, AdventHealth for Children is recognized by *U.S. News & World Report* as the best children's hospital for newborn care in Florida.

Nationally Recognized for Patient Safety, Quality and Transparency

The Leapfrog Group has exclusively recognized AdventHealth with the Emerald Award for remarkable achievements and leadership in patient safety, quality and transparency by a health care system, including maintaining a culture of excellence throughout all levels of the organization. Delivering consistent, high-quality, whole-person care is our priority, and we're honored to be the first health care system to earn this award.



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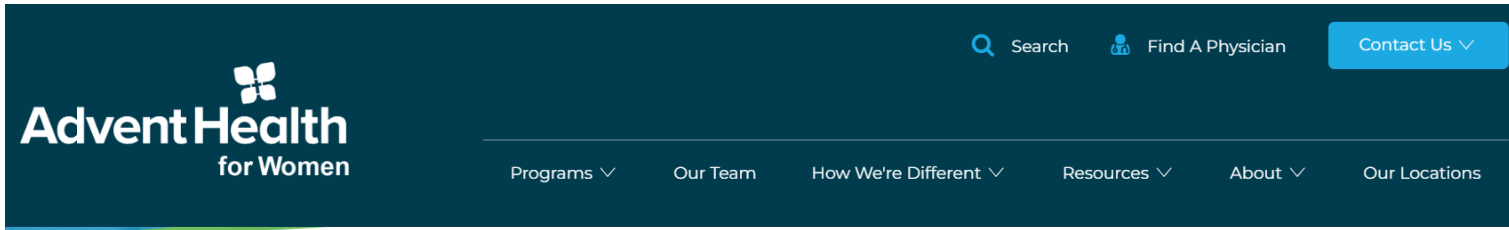
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Placenta Accreta Center



Helping Expecting Moms **Understand Placenta Accreta**

With morbidly adherent placenta (MAP) conditions like placenta accreta spectrum, we know that being informed is key to your peace of mind. If you're at risk for this condition, or are already diagnosed, choosing an experienced team for your prenatal care is essential. In the AdventHealth for Women Placenta Accreta Program, our providers will devote all their expertise to you as we navigate your pregnancy and delivery, together.

- Multidisciplinary Team led by the Ob/Gyn Hospitalist Team
 - Accreta Program Director: Dr. Fernandez
 - Team Members: Dr. Lense, Dr. Arunakul
- Well-established program performing around 15 C-Hysterectomies annually



Pan-American Society for the
Placenta Accreta Spectrum

Unique Gyn Experiences

Gyn Experiences

- Referral center for complex gyn cases and Oncology cases with Gyn Onc Fellowship
- Internationally-known Gyn Simulation Center
- Nationally-known MIGS surgeons
- Referral Center for ~10 hospitals and 24 Emergency Departments
 - Uterosacral ectopic
 - Abdominal pregnancy
 - Torsion in pregnancy
 - Pediatric cases





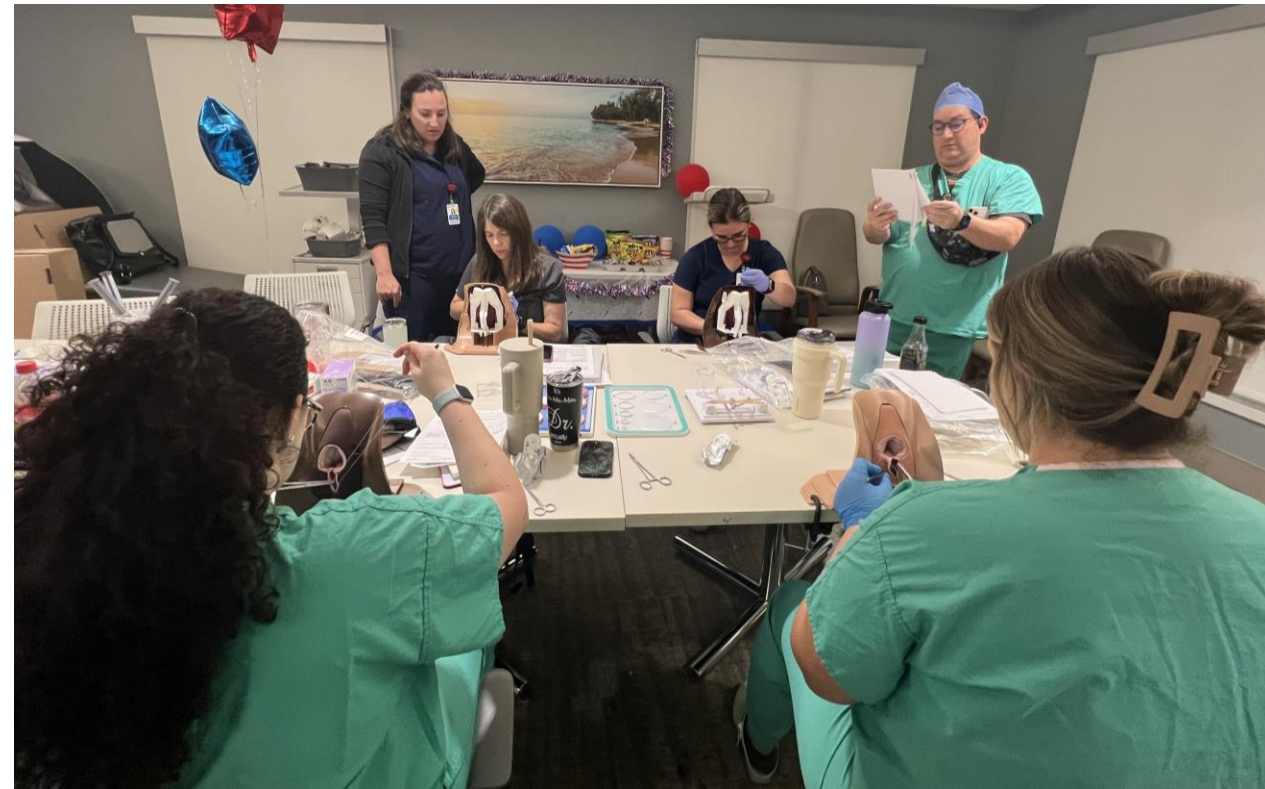
Learning Environment

Intern Bootcamp

	Sun (6/18)	Mon (6/19)	Tues (6/20)	Wed (6/21)	Thurs (6/22)	Fri (6/23)
8:30 - 12:00	EPIC Training (Time/Maitland)	EPIC- STORK Training (7:30-12PM/Altamonte Spring)		Program Orientation Weaver and Jessica (9am - 12pm)	Suturing, Laceration Repairs, Cook, AROM, IUPC, FSE, SVD	BLS (8:30-9:30AM); NRP (11AM- 1PM)
Lunch		Hospital GME Orientation 6/15-6/19		Lunch	Hospitalists OG	NRP (11AM-1PM)
1:00-5:00				Team Building 1-230	SVD, Laceration Repair Practice. <i>Tentative IUD/EMB</i>	
		Mon (6/26)	Tues (6/27)	Wed (6/28)	Thurs (6/29)	Fri (6/30)
8:30 - 12:00		ACLS (8:30AM-4:30PM)	ACLS (8AM-2PM)	Review: SVD, Laceration Repair, 830-1000 10-1030 JADA Shoulder dystocia 1030-1130	C-Sections	830-1130 U/S Berryman
Lunch				Loch Haven & MFM (Hologic)	Urogyn/Gyn Onc	Lunch IUD Session 1130-130
1:00-5:00			Nexplanon Training (3-5PM)	Instruments Intro to C/S	Hysteroscopy, Diag & Operative, Ablation (confirmed)	U/S Training at AdventHealth U (1:30 - 4pm)

Bootcamp: OB Skills

- Cook Balloon
- AROM
- IUPC
- FSE
- SVD
- Laceration Repair
- JADA/Bakri
- Shoulder Dystocia
- C/S



Gyn/Office Skills

Gyn/Office Skills

- IUD Training
- Nexplanon Training
 - Tues, June 27th 3pm – 5pm
- EMB Training
- Hysteroscopy
 - Operative with Myosure
 - Novasure Ablation

Ultrasound Training

- AHU Simulation Training
 - First trimester U/S
 - Biometries
- U/S Practice on PHRU w/ MFM
 - BPP
 - Biometries

Bootcamp: Gyn and U/S Skills



Resident Learning

- Scheduled didactic time: Friday Mornings 8AM – 12PM
 - Lectures
 - Simulation
 - Wellness Activities
 - Assigned weekly questions
- Journal Club – After hours
- Tumor Board – on Gyn Onc
- Longitudinal curriculum weaved through rotations
- Question Bank through Decker Med

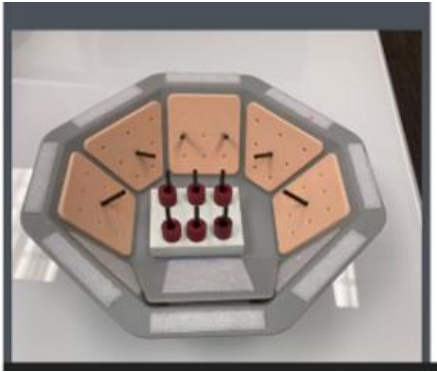
Residency-Owned Obstetric Simulators

- Vaginal Deliveries
- Shoulder Dystocia
- Breech Deliveries
- External Cephalic Version
- Operative Deliveries
- Postpartum Hemorrhage
- Cesarean Section
- Cesarean Section with Impacted Head
- Perineal lacerations, including 4th degree lacerations
- Cerclage Model

Gyn Simulations

Residency-Owned Gyn Simulators

- FLS/EMIGS Machine



- Simsei
 - 3 year Gyn-Simulation Curriculum

Shared Gyn Simulator

- DaVinci Robot Simulator
 - Shared with General Surgery
 - 24-hour access



Simsei: Year One



Laparoscopic Trainer Starter Kit



Models & Skill Exercises



First Entry Model

Features anatomically correct abdominal wall anatomy, that enables training of optical*, Hasson cut-down, and Veress needle entry techniques

**LTA25 Simsei optical trocar required*



Pegboard Exercise

Supports hand-eye coordination, ambidexterity, depth perception, and basic laparoscopic skills training



Tissue Model & Platform

Facilitates suturing training including double-layer closure on a platform that allows adjustable tissue plane angles



Dissection Model & Platform

Enables blunt and cold sharp dissection training through simulated tissues with embedded structures

Simsei Cont.



- Year 2 – Laparoscopic/TLH
- Year 3 – Vagina/TVH

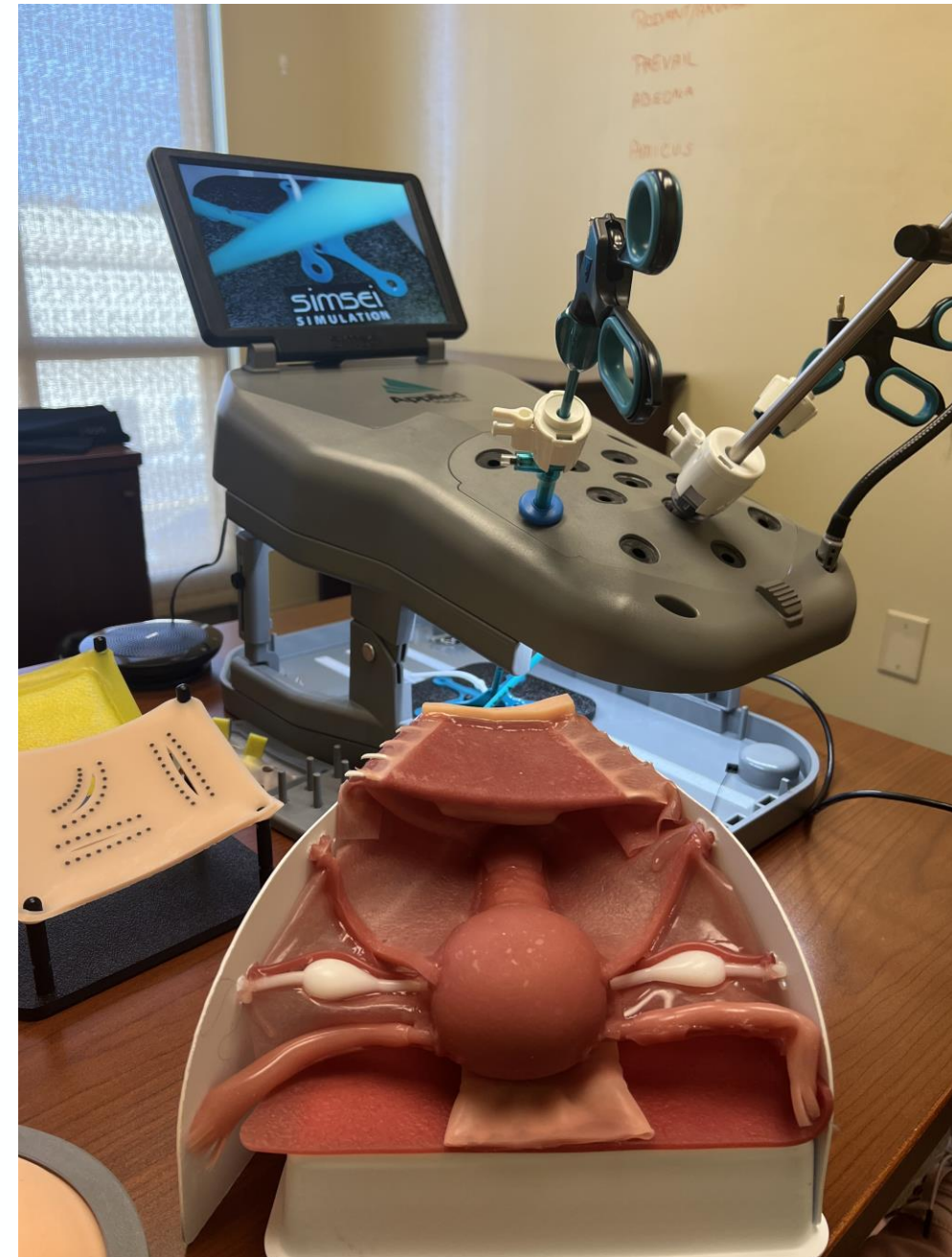


simsei SIMULATION

Laparoscopic Salpingo-Oophorectomy Training

29% COMPLETE

- Introduction
- Female Pelvic Anatomy
- Preoperative Planning
- Laparoscopic Salpingo-Oophorectomy
- Complications
- References
- Thank You!



Nicholson Center

- Located on-site at Celebration Campus



Nicholson Center



- Robotics Training and Simulation
- Laparoscopic Skills
- Simulated Emergencies

M.O.S.T. Multi-Professional Obstetrics Simulation



Scholarly Activity

QI and Research Projects

- Quality Improvement Project – completed 2nd year
- Research Project – completed 3rd/4th year
- Dedicated Faculty Member to provide guidance
- CARE: <https://www.adventhealth.com/adventhealth-graduate-medical-education/research>



Ob/Gyn Program Research Director



Tahseen Ahmed, MD, FACOG
Ob/Gyn Hospitalist

Annual Research and Quality Improvement Day



NEW Culinary Medicine Curriculum

- In conjunction with the Pediatric Residency

AHFW – OBGYN Residency

- ALL – Introduction to CM / Safety and Sanitation*
- OBGYN:
 - Nutrition in Pregnancy
 - Diabetes and Hypertension in Pregnancy
 - Polycystic Ovarian syndrome (PCOS)*
 - Mindfulness Motivational Interviewing*
 - 2 more:
 - Eating Disorders *
 - Cancer Nutrition
 - Anti-Inflammatory Diet
 - IBS , IBD, GERD
 - CHF
 - Nutrition in HIV and AIDS
 - Weight management and Portion Control*
 - Protein, Amino Acis, Vegetarian Diets, and Eating Disorders
 - Bariatric Surgery
 - Food Allergy
 - Systematic Treatment of Obesity
 - Pharmaceutical treatment of Obesity

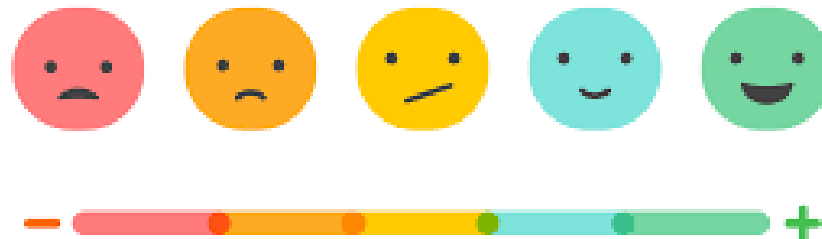
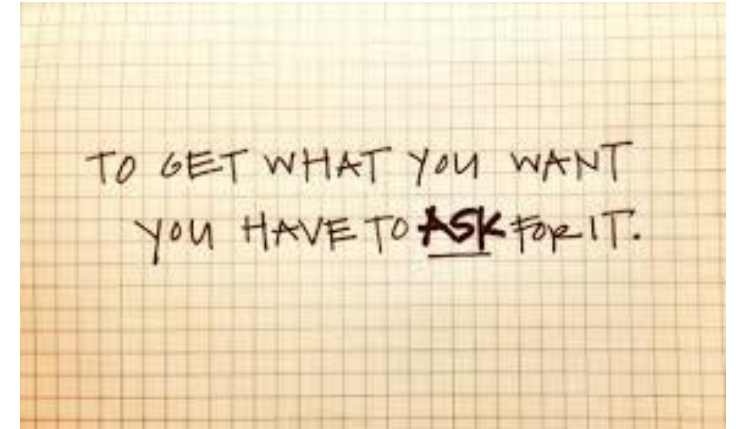


Figure 2. The Emeril Lagasse Foundation Kitchen House and Culinary Garden in Orlando, Florida: (A) exterior (veranda) and (B) aerial view of interior.

Mediterranean Diet and Dietary Heritage focus
35+ modules (choose 7 per 3-4 years of residency, 2-3 per year)

Feedback and Evaluations

- Immediate feedback when on service
- Procedural evaluations
- End of rotation evaluations
- Semi-annuals at mid-year and end of the year with either the PD or APD.



GME Well-Being

GME Well-Being Program provides the following:

Individual, Family, and Couples Counseling

- Coaching sessions, consultations, and retreats
- Variety of educational and experiential workshops
- Residency small processing groups
- Resiliency Rounds
- Self-Assessments available online

Attend 1 wellness event every 6 months.



Alex Lajeunesse MA, LMHC
GME Staff Psychotherapist

Save the Date

The Intentional Well-Being Retreat

Reflect. Relate. Refresh.

April 19-21, 2024 | Amelia Island, FL

You do so much to care for others, what are you doing to take care of you?

Paradise is calling. Slip away from the hustle and bustle and tap back into the reasons you were called to medicine while enjoying quality time with family and colleagues. The retreat is open to AdventHealth Central Florida Division, West Florida Division, and Mid-America Region medical staff (physicians, advanced-practice providers, and medical residents/fellows).

Join us for an interactive and experiential retreat where we will explore what it means to be intentional about all aspects of your well-being and help you to develop tools and strategies to address each dimension.

What's Included:

- Welcome reception
- Interactive morning workshops
- Mindful movement on the beach
- Families welcome
- Numerous opportunities to network, learn, rest and play
- Approved for up to 9 hours of AMA PRA Category 1 Credits™

Wellness Services



Clinical Services

- Individual, couples, family counseling
- Coaching sessions
- Consultations



Support Services

- Orientation introduction 1:1 meeting
- Self-assessment tools
- Resident retreats, social gatherings, resiliency rounds



Educational Training

- Orientation training: fatigue management and cultural diversity training
- Burnout and substance abuse training to residents and faculty
- well-being related workshops (by

Wellness Initiatives

2023 Wellness Events

- Edible Education Experience 2/21
- Annual Intentional Wellbeing Retreat at Clearwater Beach
- Resiliency Rounds
 - South: 2/23 & 9/1
 - East: 3/9 & 10/12
 - Sebring: 3/19 & 10/6
 - Winter Park: 6/1 & 11/21



2024 Wellness Events

- Sea World Day 2/25
- Wellness Triathlon 3/9
- Resiliency Rounds – Date TBD
- Annual Intentional Wellbeing Retreat at Amelia Island



Program Wellness Initiatives

- Participate in Readiness for Residency Program prior to arrival
- Meet & Greets for new interns to meet faculty
- Bootcamp to help you feel prepared on Day 1
- Wellness Sessions incorporated into Didactics
- Regular meetings with PD & APD
- Annual Class Wellness Retreat
- Annual Program Wellness Retreat
- Mentorship Program



RIGHT RESIDENT
RIGHT PROGRAM
READY DAY ONE



Teaching Opportunities



- A regional campus for Loma Linda
- FSU Orlando Regional Campus
- Sub-internship Program with 4th year medical students on L&D, Gyn, MFM and Gyn Onc





Resident Benefits

Resident Benefits

- Annual salaries (paid biweekly)
 - PGY-1: **\$58,739**
 - PGY-2: **\$60,465**
 - PGY-3: **\$63,772**
 - PGY 4: **\$67,017**
- **Moving expenses up to \$1,500**
- CME/Educational allowance:
 - PGY-1: **\$1500** + 5 days for USMLE/COMLEX
 - PGY-2: **\$1500** + 5 days for conferences
 - PGY-3: **\$1500** + 5 days for conferences
 - PGY-4: **\$1500** + 5 days for conferences
- 20 Paid leave days
 - Inclusive of vacation/sick time
- Cell phone stipend
- Two free white coats
- Free parking
- Meals; \$20/day
- “GME Leave” plan for up to 6 wks of medical or parental leave
- Membership to the ACOG, SMFM, AAGL, AIUM
- **PSLF eligible institution**

Resident Benefits Continued

Paid

- Malpractice coverage
- FL medical training license
- Prorated FL unrestricted medical license and DEA license
- Certifications (ACLS/BLS etc.) training
- USMLE Step 3/COMLEX Level 3 exam

Health Insurance

- Family and pharmacy coverage included
- Active on first day of employment

Life Insurance (1 x base salary)

- Additional coverage can be purchased

Dental, Vision, Cancer, Short & Long-Term Disability

- Available for purchase

Orlando: Things To Do



New Program



Benefits

- GME and Hospital Leadership invested in success of you and the program
- You will shape the future of the program
- Ob/Gyn Program not dependent on residents allowing for truly protected didactic and wellness time and no service over education
- Ability to operate early
- Close relationships with attendings

Challenges

- No Chiefs
- Greater need for flexibility



COMMITMENT

Opportunities to Visit



- At your convenience
 - Melanie Taylor, RN: melanie.taylor@adventhealth.com
 - Completely Optional and Voluntary; No record of visit.
 - Opportunity to tour the hospital where you could spend the next 4 years!



- Structured Event
 - POSSIBLE in-person event in late Jan or early Feb for all interviewed applicants



Contact Information

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Questions



Extending the Healing Ministry of Christ