

Clinical Brief #43 | COVID-19

Developed Thursday, September 3, 2020

INFORMATION FOR ALL CLINICIANS

Clinical leaders are providing frequent updates to all clinicians in an effort to keep you current about AdventHealth's response to COVID-19. The following topics are included in this brief:

- **Visitation Update for Obstetric Patients**
- **Discontinuation of Transmission-Based Precautions and Disposition of Patients with COVID-19**
- **COVID-19 Care Innovation**

Visitation Update for Obstetric Patients

The [systemwide visitation guidelines](#) have been updated to include the following:

- Obstetric patients, including COVID-19-positive asymptomatic obstetric patients, may have two visitors at the same time per day.
- This changes the current policy that allows for one visitor and one doula for the obstetric patient. This change in policy allows our OB patient to have a non-doula support person present, and aligns with AdventHealth's goal to support our patients and their families while maintaining the safety of our staff.

Updates to CDC Guidance: Discontinuation of Transmission-Based Precautions and Disposition of Patients with COVID-19

The CDC recently updated the [guidance](#) to be further aligned with accumulating evidence that supports ending transmission-based precautions using a **symptom-based strategy**.

For the updates, please see the yellow highlighted areas in the below grid:

Patient Status	Discontinuation Criteria
With mild to moderate illness who are <u>not</u> severely immunocompromised	<ul style="list-style-type: none">• At least 10 days have passed <i>since symptoms first appeared</i> and• At least 24 hours have passed <i>since last fever</i> without the use of fever-reducing medications and• Symptoms (e.g., cough, shortness of breath) have improved

- With severe or critical illness **or**
- Who are severely immunocompromised
- **At least 10 days and up to 20 days** have passed *since symptoms first appeared* **and**
- At least 24 hours have passed *since last fever* without the use of fever-reducing medications **and**
- Symptoms (e.g., cough, shortness of breath) have improved
- **Consider consultation with infection control experts**

COVID-19 Care Innovation

There have been many learnings since the onset of the pandemic and continuous effort is underway to review patient outcomes, learning and advances in care processes.

In response to advances made by teams across AdventHealth, best practices for COVID-19 patient care have been consolidated and simplified to promote coordinated care efforts that offer the most recent, supported, clinical best practices in COVID-19 care.

The AdventHealth Clinical innovation team is facilitating education of clinical teams on this [e-document](#) (viewed best in Chrome internet browser) to advance continued learnings from the clinical pathways, garner feedback and help overcome barriers to best care in this work.

COVID-19 champions have been identified at your campus to assist in disseminating the e-document pathways to all COVID-19 caregivers and provide a conduit for learnings, feedback and the identification of barriers in caring for our patients.

[Clinical Briefs](#) | [Hospitalist Briefs](#)

We encourage you to take care of yourself, your families and each other as we move through this ongoing response to COVID-19.

GREATER AS A WHOLE | RESOURCES

Online

[Novel Coronavirus Information Site](#)

[AdventHealth Coronavirus Website](#) | [Videos](#) | [Blog](#)

[Centers for Disease Control and Prevention \(CDC\)](#)

Department of Health: [Florida](#), [Georgia](#), [North Carolina](#), [Kansas](#), [Kentucky](#), [Texas](#), [Wisconsin](#)

Worldwide Coronavirus Data: [Johns Hopkins' global cases webpage](#)

By Email:

coronavirusquestions@adventhealth.com

By Phone:

COVID-19 Hotline: 1-877-847-8747