

Festive Rainbow Salsa

This crowd-pleasing rainbow salsa provides a broad spectrum of nutrients from each of the colorful ingredients it features. It makes for a wonderful appetizer and can also add a pop of flavor and color to fish or chicken tacos, fajitas, burrito bowls and salads.

Prep time: 10 minutes

Yield: 4 cups

Ingredients

- 1 pint fresh strawberries, tops sliced off and diced
- 1 cup fresh pineapple, diced
- 1/3 medium red onion, finely minced
- 1 orange bell pepper, finely diced
- 1/2 medium cucumber, finely diced
- 1 fresh jalapeno seeded and finely diced
- Handful cilantro or mint, chopped
- Juice of 1 lime
- Salt and pepper to taste

Instructions

1. Add all ingredients to a mixing bowl and toss together.
2. Cover and refrigerate until ready to serve.
3. Store leftovers in a tightly sealed container in the refrigerator for up to 5 days.