

## Grilled Peaches

The heat from the grill helps to caramelize the natural sugars found in peaches making this the perfect healthy dessert that can be made in no time!

Makes: 6 servings

Prep time: 5 minutes

Cook time: 8-10 minutes

Total: 15 minutes

### Ingredients

- 6 peaches
- Olive oil
- 3 tablespoons unsalted butter
- 3 tablespoons honey
- 1 teaspoon cinnamon

### Instructions

1. Preheat grill to medium heat.
2. Cut peaches in half and remove pit and brush each pitted half with olive oil.
3. Place on the grill cut side down for 8-10 minutes.
4. While peaches are on grill, melt butter in a microwave-safe bowl.
5. Stir in honey and cinnamon until combined.
6. Spoon mixture over grilled peaches and enjoy warm.